

SOLAMOTION

Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 7, No. 4 November 25, 2016



PRESIDENT'S MESSAGE

Greetings SOLA Members and Friends of SOLA Lions Club!

We are SO close to turkey day that I can almost smell the turkey roasting in the oven! What a fall season it has been for us and as we look forward to giving thanks on Thursday for family, friends and the abundance of our lives we especially think of those less fortunate than ourselves.



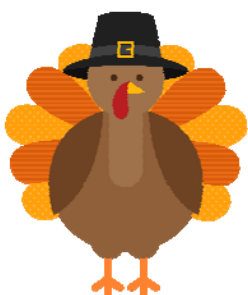
Saturday, November 19th many of us gathered in Cerritos to participate in the Lions Centennial Project, "Kids Against Hunger". We worked in collaboration with the Anthem Blue Cross/CareMore folks in focused yet fun filled time to get this project completed. All total, in about three hours, we packed enough "Latin Rice" meals to feed more than 8,000 hungry folks. It is this kind of joint project that once again exemplifies our Lions motto, "We Serve". Just take a look at Lion Wayne's' pictures and you will see your fellow Lions working away with smiles on our faces and laughter in the air!

Moving ahead, two more fun filled activities are on board for us! Saturday, December 3rd we gather at Simms Park in Bellflower to host nearly 300 SELA Special Olympics athletes and their families at the annual Christmas Celebration! Good times, good food, Mr. & Mrs. Claus, presents for all the athletes and, to top it off, a DJ and dancing! Believe me, our athletes have some SERIOUS dance moves!

Closing out the holiday time we will join together at our home on Wednesday, December 14th at 6:00 PM to eat, drink, and be merry! Also sing some Christmas Carols and close out 2016 together. Lion Jeff Martin is taking reservations and coordinating this extravaganza so let him know ASAP that you can participate! Drew and I are looking forward to having all of you in our home at this precious time of the year.

Take note, due to the holiday festivities we have planned, as well as those you and yours have on the calendar, we will be "DARK" December 7th, 21st and January 4th, 2017. We resume our meetings and planning for the new year on Wednesday, January 18st at FHCC, 5:30 PM social half-hour and 6:00 PM dinner and meeting!

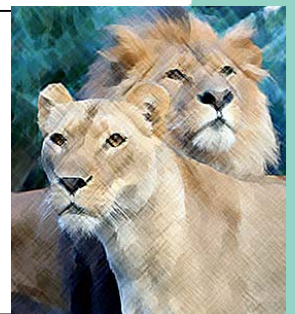
Blessings to all of you and your families in this Holy Season,
Lion President, Susan



The Mission of the SOLA Lions Club is "to take an active interest and participate in the mission and vision of the Special Olympics, to help provide sports and training programs for any individual with intellectual disabilities and thereby improve their lives and the lives of everyone they touch." Our SOLA Lions Club was chartered in March 2009 and is the third Lions Club in the world formed to serve Special Olympics.

Our SOLA Lions Club meets the 1st and 3rd Wednesdays of the month at 5:30 p.m.

Next Regular Meeting
January 18, 2017
Friendly Hills Country Club
8500 S. Villaverde Drive
Whittier, CA 90605



SPECIAL OLYMPICS



SOLA/SELA-Whittier Area Bowling Tournament





Del Rio Lanes—Downey October 29, 2016





SOLA's 2nd Annual Shotgun Golf Tourney in Review

Brrrrr, it was cold Friday morning, when SOLA volunteers gathered at 5:30 AM to set up and prepare to welcome our golfing guests to the 2nd Annual Shotgun Golf Tournament at the *California Country Club* on Oct. 14.

Event Chair PDG Lion Alberto, wife Sharon, and his team of dedicated helpers, had worked many, many hours to solicit donations, sell raffle tickets, prepare the sign-in sheets, the Golfers' Goodie-Bags, beautiful baskets waiting to be raffled off at lunch, and designed the T-signs that were gracing all T-off areas.

The 'Hole in One' competition started just before 7 AM where 30 + golfers participated and were lined up around the putting green. All golfers were asked to hit the ball at the same time.

One, two, three..PUTT.. ... a starburst of balls sped their way to the hole. It was a beautiful sight – all balls moved as if on rails. And then there was a delayed hit, maybe a second, after most balls had been hit. This little ball made its way gently towards the hole, avoided a stopped ball or two, and was the only one in the hole! Putted by our own SOLA Lion Bob Warnock. Congratulations Lion Bob to you and your well trained ball.

The highlight of Lion Susie & Linnea's day? They offered refreshments to a group of golfers and were given a tip to help with the fund-raising goal! Neither lady could stop talking about the thoughtful gesture. It really made their day!

Lunch was delicious; the winning 4-somes were introduced, and a short video prepared by Lion Wayne was shown showcasing the events SOLA offers to our athletes. With the help of District Governor Manny Sanchez, who championed the projector set-up and technology, the presentation was enjoyed by all who attended the luncheon and everyone was reminded of why we were all in attendance. The raffle was a success.

THANK YOU to our Golfers, to the staff of the California Country Club and to our SOLA Lions members who gave so generously of their time and funds to make this fundraiser a resounding success, netting over \$11,000. It will allow us to continue serving our Special Olympics Athletes even better in the coming year. See you next year – in October!

- Submitted by Lion Ursula Bell



**Congratulations to
Lion Ron Copley**
"Volunteer of the Year" Award
Honored by City of Whittier
in appreciation of
important contribution
and dedicated and
unselfish service
November 8, 2016
Whittier City Hall



Presenting the
"Volunteer of the Year" Award
to Lion Ron Copley are
Jose Alvarado, Council Member
Joe Vinatieri, Mayor
Fernando Dutra, Council Member
Sue Dean, Chair Social Services



SOLA Participates in Lions Centennial Project



DG Manny Sanchez, eighteen SOLA Lion members and equal number of CareMore workers met at the Anthem/CareMore office building in Cerritos on Saturday morning, November 19. The first thing we did was to sign an attendance sheet with Lion Cabinet Secretary Nancy McAfee. We then met Tiffany Morgan, Corporate Foundation and Government Partnerships Representative from Lions Clubs International Foundation. We all were asked to wash our hands and if anyone was going to handle the food they had to wear a pair of gloves and an apron. Everyone was to put on a hair net. The group was divided into four teams.

The food handlers scooped the dry food ingredients into bags which were passed to another person who weighed each to see if they weighed 390 grams. If the bag was overweight some of the rice was removed; if under, some more rice was added. From that point the next person removed as much air as possible, sealed the bags. The final station put 36 bags into a cardboard box. We finished in record time having the bags all sealed and boxed in ninety minutes.

There were 8200 sealed freeze-dried meals delivered to the Food Bank of Southern California and CSU-Long Beach's Food Bank. Lions Clubs International Foundation and Anthem/CareMore joined forces to eliminate hunger with the help of "Kids Against Hunger" for our Lions Centennial Project. Both agencies were pleased to receive the donations.
- Submitted by Lion Dan Skewes



4-L2's District Governor's Visit to SOLA



Welcome hug for DG Manny Sanchez from SOLA Prez Susan

District 4-L2 Cabinet visited SOLA on 11/16. Pictured above are 2nd VDG John Nelson, ZC Drew Sones, CT Ron Copley, DG Manny Sanchez, CS Nancy McAfee, SOLA Prez Susan Sones, 1st VDG Tessa Prumatico, CRC Maggie Cardenas

DG Manny presented Wayne Martin with a Milestone Chevron pin and letter from Int'l President Bob Corlew for 10 years in Lions



DG Manny officially inducted Penny and Jesse Lopez as new members in the SOLA Lions Club with Lions pins and special Centennial Membership Certificates. Congratulations Lions Penny & Jesse!





Dec. 3
SATURDAY

All SOLA
Members

Please
arrive by
2:30 pm to
help set-up
the room.



ANNUAL
ATHLETE
CHRISTMAS PARTY

SPECIAL OLYMPICS SOLA LOS ANGELES | Special Olympics Southern California

SATURDAY, DECEMBER 3, 2016
5:00pm until 9:00pm

LOCATION: JOHN S. SIMMS PARK
16614 S. CLARK AVE. - BELLFLOWER, CA 90706
DIRECTIONS: CALL 562-866-7510

... ENJOY FELLOWSHIP, MUSIC, DANCING, AND DOOR PRIZES ...
SANTA WILL BRING GOODIES FOR EACH ATHLETE

PLEASE RSVP TO DON
BY
MONDAY, NOVEMBER 21, 2016




SOLA Lions Club
Holiday Party
Wednesday, December 14
6:00 PM

Home of Lions Susan & Drew Sones
14945 Janine Drive, Whittier 90605

***Cost: \$ /person *TBA**

Catered Dinner! Bring Spouse/Significant Other
A festive evening of food and fellowship with friends
Please RSVP to Jeff Martin (626-280-8806) by 12/8



November 2, 2016



Jill Wall

Eloise Crawford



SOLA Past President Susie Ausdal surprisingly presented last year's "Lion of the Year" Award to Lion Jill Wall on Nov. 19, 2016
Congratulations Jill!

SOLA members were pleased to welcome Eloise Crawford to our meeting on November 2. Ten years with Special Olympics, she now is the Regional Director for Los Angeles and San Gabriel Valley, which SELA is a big part. Her area goes from Pomona to Pasadena, and Malibu to the Orange County line, serving 9,000 athletes including Unified Sports in the schools and a new kids program for 2½ to 7 year olds.

Eloise's region coordinates 23 competitions per year, including the 4 SOLA Tournaments, and 2 major fundraisers: a golf tourney and "Bowl for the Goal." Basketball and aquatics continue to be greatly impacted and Eloise really appreciates the events SOLA sponsors each year. Eloise Crawford wishes better communications between SOSOC and all volunteers.
www.sosoc.org



We want to thank all of the SOLA Lions Club members who have called, sent cards, provided meals, offered to help us and kept us in their thoughts and prayers after the deaths of our son Matthew and Carol's brother George. We would also like to thank all the SOLA members who attended the City of Whittier "Volunteer of the Year" ceremony at City Hall to support Ron. What a great show of support. We appreciate and love all of our SOLA members.

Love to all! Lions Carol and Ron Copley



November and December Birthdays

11/10: Marla Baker 11/11: Linda Crowley 11/13: Susan Sones 11/21: Bob Warnock
 12/6: Penny Lopez 12/24: Christina Guzman



Bob Corlew International President, Murfreesboro, Tennessee, USA
 Larry Dicus Past Lions Clubs International Director
 David Radtke California MD4 Council Chair
 Manny Sanchez..... 4-L2 District Governor
 Tessy Prumatico..... 4-L2 First Vice District Governor
 John Nelson 4-L2 Second Vice District Governor
 Maggie Cardenas 4-L2 Central Region Chair
 Lisha Valles 4-L2 Zone B Central Chair



SOLA LIONS CLUB OFFICERS 2016-2017

Susan Sones *President*
 Alberto Montes De Oca *1st Vice President*
 Marla Baker *2nd Vice President*
 Jeff Martin *Secretary*
 Carol Copley *Treasurer*
 Ron Copley

Susie Ausdal..... *Immediate Past President*
 Ruri "Peanuts" Pierre *Special Olympics Liaison*
 Theresa Rivas *Director*
 Jill Wall..... *Director*
 Drew Sones *Director*
 *Guiding Lion - Emeritus*

SOLAMOTION

Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 7, No. 3 October 25, 2016



PROUD TO BE A LION!

Hello SOLA Lions and Friends!

The days of October are slipping through our fingers at an alarmingly rapid rate! We have worked hard this month to live up to the Lions motto, "We Serve". Our annual Softball Tournament, held on Saturday October 8th, saw 14 teams fielded on four diamonds resulting in TONS of medals awarded and team pictures handed out. Lots of smiles on the faces of happy athletes, coaches and parents all around! We love our "Fans in the stands" and encourage you to keep coming out to support our fantastic athletes.



The 14th of October found our stalwart members and volunteers rising before the sun came up to make our second annual SOLA Golf Tournament a rousing success. The California Country Club course welcomed our golfers and volunteers with open arms and pitched in to make sure everything was perfect for our players to "tee it up and hit it long and straight!" Congratulations to all golfers, SOLA members and volunteers for once again making it possible for us to serve our local Special Olympics athletes.

As we wind up our month with our annual Bowling Tournament on October 29th at Del Rio Lanes. We look forward to hosting a hoard of bowlers. Additionally, many of the Whittier College athletes will be there to assist on the lanes along with the SOLA members, Men's League Board gentlemen from Cal High and the Leo's from Bell Gardens High School. We are anticipating another amazing event!

As we close out the month and look toward the start of the traditional holiday season and end of daylight savings time I would be remiss if I did not offer our deepest condolences to Lions Ron and Carol Copley on the loss of their youngest son, Matthew as well as Carol's brother.

In Lions Love,

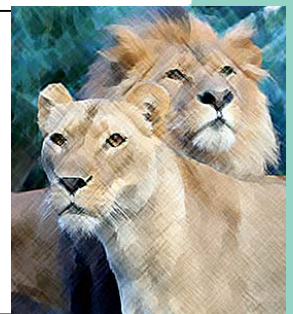
President Susan



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November 2, 2016
Friendly Hills Country Club
8500 S. Villaverde Drive
Whittier, CA 90605



SELA—Whittier Area Softball Competition



Pomona Wildcats #1



SELA Whittier Dirty Dawgs



Central Riverside Eagles



GLA SCLARC Avengers



Long Beach Aquanauts



SELA Lakewood 51's



SELA Downey



SELA Lakewood Angels



Giant Steps Warriors 1B



SOB Mychal's Maddogs



Long Beach Armadas



SELA Lakewood Dirt Bags



Long Beach Riptides

Thank You, Pico Rivera, for the Use of Rio Vista Park

SPECIAL OLYMPICS



Our Special Olympics Athletes in Action





Thank You, Lion Ruri "Peanuts," for Organizing this Event!

Staging a Tournament for 14 Special Olympics Teams



6:30 am for Set-up - Registration of volunteers - Group pictures of teams as they arrive



Open Ceremony: MC Lion Jeff - Parade of Athletes - Special Olympics Oath by Athlete Joe National Anthem sung by Lion Wayne , Greetings from Pico Rivera Mayor David Armenta



Using four different fields - Announcing the Action - Keeping Score sheets - Hiring Umpires



Providing water and lunches for 375 people - Awarding metals, ribbons and pictures to all athletes



SELA Special Olympics Athletes and the SOLA Lions Club would like to thank all

the golfers who participated, the Corporate Sponsors, Lions Clubs and individuals who donated their

California Country Club

Friday, October 14, 2014



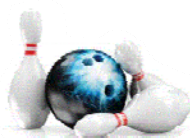
financial support and raffle items, the California Country Club in Whittier,

Leadership of PDG Alberto Montes De Oca for making this Shotgun Golf Tournament a great success.



Oct. 29

SATURDAY



All SOLA Members

Please arrive at 9:00 am

Dec. 3

SATURDAY



All SOLA Members

Please arrive by 2:30 pm to help set-up the room.

Special Olympics
Southern California



Southeast Los Angeles (SELA) - Whittier Area Bowling Tournament

This tournament is made possible by a partnership between Special Olympics Southern California, SOLA Lions Club, and the City of Whittier.

Saturday, October 29, 2016

Del Rio Lanes
7502 Florence Ave,
Downey, CA 90240

Special Olympics athletes from Southeast Los Angeles and surrounding areas will compete in Bowling at the **2016** Southeast Los Angeles - Whittier Area Bowling Tournament.

SCHEDULE:

9:45am | Volunteer Check-In & Setup
10:15am | Delegation Check-In
10:45am | Opening Ceremony
11:00am | Competition Begins
After 3rd Game | Lunch (*Provided for registered athletes & volunteers*)
1:30pm | Closing

*Times are general and subject to change



ANNUAL

ATHLETE



CHRISTMAS PARTY



SATURDAY, DECEMBER 3, 2016

5:00pm until 9:00pm



LOCATION: JOHN S. SIMMS PARK

16614 S. CLARK AVE. - BELLFLOWER, CA 90706

DIRECTIONS: CALL 562-866-7510



... ENJOY FELLOWSHIP, MUSIC, DANCING, AND DOOR PRIZES ...
SANTA WILL BRING GOODIES FOR EACH ATHLETE

PLEASE RSVP TO DON
BY

MONDAY, NOVEMBER 21, 2016





The Melvin Jones Fellowship Award



Did you have a chance to read the Lions Magazine this month? It and the Elburn Lions Club's website tell us that in 1917 Melvin Jones was a 38 year old business Leader in Chicago. He encouraged the members of his local business club to reach beyond business issues and address the betterment of their communities and the world. They agreed.

After contacting similar groups around the US, an organizational meeting was held on June 17, 1917 in Chicago. All agreed to the new outreach program. The new group took the name of one of the invited groups, the "Association of Lions Clubs" and thus began the rich tradition of service that Lions Clubs are known for around the world.

Lions Club International Foundation and the Melvin Jones Fellowship

The Melvin Jones Foundation program was established in 1973 in honor of Melvin Jones. The MJF program recognizes donations of US\$1,000 to Lions Clubs International Foundation (LCIF).

LCIF "Lions Clubs International Foundation" is the official charitable organization of Lions Clubs International. It supports Lions' compassionate works by providing grant funding for local and global humanitarian efforts, thanks to the great spirit of giving and the dedication to helping others by Lions around the world. A significant portion of the funds raised by LCIF come through the Melvin Jones Fellowship donations.

The Melvin Jones Fellowship Award is the highest form of recognition a Lion can receive for their charitable work. It embodies humanitarian ideas consistent with the nature and purpose of Lionism.

Our club honors our most dedicated and generous members with a nomination to the Melvin Jones Fellowship. The recipient of this award becomes a model of exemplary service to our club and the community which it serves. As you know, this year's honoree is Ruri "Peanuts" Pierre. Previous honorees are Dr. Elisa Roche, Bob Warnock, Sharon Montes De Oca, Wayne Martin and Ron Copley. Thank you to our honorees for their dedication and leadership. **CONGRATULATIONS PEANUTS!**

- Submitted by Lion Ursula Bell



OTHER SOLA DATES TO REMEMBER

Nov. 16
WEDNESDAY



ANNUAL DISTRICT GOVERNOR AND CABINET VISITATION to SOLA Lions Club Meeting. We welcome DG Manny Sanchez and his cabinet. New members will be inducted. Let's have a great showing of all members!

Dec. 3
SATURDAY



ANNUAL SELA CHRISTMAS PARTY sponsored by SOLA serving food, DJ, dancing, gifts, and Mr. & Mrs. Santa to over 200 local Special Olympics Athletes and families at Simms Park in Bellflower.

Dec. 14
WEDNESDAY



SOLA LIONS CLUB HOLIDAY PARTY for members and family at the home of Susan and Drew Sones! A chance to celebrate the holidays together, enjoy each other's company and "wind-down" from these very busy fall months for serving our Special Olympics athletes !



SOLA Selected for Lions Centennial Project



GREAT NEWS! SOLA Lions Club has been selected to be one of two Lions Clubs in our District 4-L2 and one of three in the State of California to be part of a **Centennial District Project**. The project is a joint project with Lions and Anthem. The project focuses on “KIDS AGAINST HUNGER”. We have received a grant from the Lions Foundation for \$1,000 with the rest of the cost coming from the Lions District 4-L2 Centennial Committee (about \$800) to pay for the cost of the project. The project will not cost the Club any money as our role will be to pack and ship nutritious meals to established humanitarian feeding programs in San Diego and around the world. The goal is to feed starving, malnourished children and to help end world hunger.

Nov. 19
SATURDAY

We will meet on Saturday morning, November 19th at the Cerritos Anthem Facility. For three hours, starting at 9 AM, 25 or more of our Club members and Special Olympics Athletes will scoop ingredients into plastic bags, seal the bags and place in boxes. We will have two lines in operation. At the end of the three hours we should have prepared enough meals to feed 7,182 children. What a great program and project for our Club to be part of. As we get closer to the event, more information will be available. *To participate, please let SOLA's President Susan Sones at 562-696-5200, email: sonesfam@att.net or email District Governor Manny Sanchez at lionmanny@gmail.com*



We are deeply saddened to announce the passing of Carol and Ron Copley's youngest son, Matt, earlier this month. We just learned today that Carol's brother has also passed away. Please keep Carol, Ron and the entire Copley family in your prayers, as they work through this very difficult time.

Carol and Ron, "All of SOLA is grieving with you. We are here to support you in any way we can." Please know that you are in our love and prayers. Know that God's love surrounds you with the comfort only He can give.

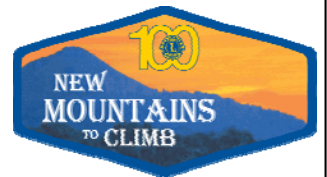


October and November Birthdays

10/15: Theresa Rivas 10/26: Larry Dicus 10/31: Jill Wall
11/10: Marla Baker 11/11: Linda Crowley 11/13: Susan Sones 11/21: Bob Warnock



Bob Corlew International President, Murfreesboro, Tennessee, USA
Larry Dicus Past Lions Clubs International Director
David Radtke California MD4 Council Chair
Manny Sanchez..... 4-L2 District Governor
Tessy Prumatico..... 4-L2 First Vice District Governor
John Nelson 4-L2 Second Vice District Governor
Maggie Cardenas 4-L2 Central Region Chair
Lisha Valles 4-L2 Zone B Central Chair



SOLA LIONS CLUB OFFICERS 2016-2017

Susan Sones <i>President</i>	Susie Ausdal..... <i>Immediate Past President</i>
Alberto Montes De Oca <i>1st Vice President</i>	Ruri "Peanuts" Pierre <i>Special Olympics Liaison</i>
Marla Baker <i>2nd Vice President</i>	Theresa Rivas <i>Director</i>
Jeff Martin <i>Secretary</i>	Jill Wall..... <i>Director</i>
Carol Copley..... <i>Treasurer</i>	Drew Sones..... <i>Director</i>
Ron Copley <i>Guiding Lion - Emeritus</i>	

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Volume 7, No. 2 September 25, 2016



7	8
	Softball
14	15
Golf	
21	22
28	29
	Bowling

ALL ABOARD LIONS BUSY MONTHS AHEAD!



Lion Susan's President's Message

Fellow Lions and Friends,

Happy fall 2016! What a great time to be a S.O.L.A. Lion! Our next few weeks are packed with fun, hard work, joy and excitement, as we serve our Special Olympics athletes! It is a time for everyone to be involved in the events and activities we have on the calendar.

Organization for our S.O.L.A. Second Annual **Golf** Tournament on Friday, October 14 at the California Country Club is nearly complete. Our field of golfers keeps growing, sponsors are stepping up to support this important fundraising event, and club members are signing up to work the tournament. First Vice President Alberto Montes De Oca and his committee have done an amazing job getting everyone ready to "tee off"; it promises to be an exciting day for all.

Just prior to our golf tournament, we will be hosting eight (8) local **softball** teams in our annual competition at Rio Vista Park in Pico Rivera on Saturday October 8th. Come on out and cheer our athletes on as they play hard, laugh and have fun! It is a rare treat to see them in action.

The end of the month finds us at the Del Rio Lanes in Pico Rivera supporting our fabulous Special Olympics **bowlers**! This is such a fun tournament; the athletes really wind up and sling those balls down the lane! You will be surprised at the number of strikes they make! Even on my best day on the lanes I cannot compete with these bowlers...they are **GOOD!**

As fall moves on, we are proud to announce that the S.O.L.A Lions Club is one of three clubs in California that has been awarded a "**District Centennial Project**" by Lions Club International. On November 19th we will be gathering in Cerritos to participate in the Anthem Lions Grant project "Kids Against Hunger". The nutritious meals we prepare and pack will ultimately be sent to humanitarian feeding programs. Our efforts will provide more than 7,000 meals for hungry children throughout the country and world wide. Participation in this wonderful project is such a blessing not only to those receiving the meals but also to us as Lions.

Yes, it is an exciting time to be a S.O.L.A. Lion and to be able to exemplify our motto, "WE SERVE"!

Humbly,

Lion Susan Sones

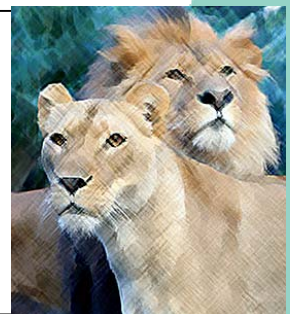
*"Who serves his fellows
is of all the greatest!"*

Dakota Tribe Saying

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Our SOLA Lions Club meets the 1st and 3rd Wednesdays of the month at 5:30 p.m.

**Next Regular Meeting
October 5, 2016
Friendly Hills Country Club
8500 S. Villaverde Drive
Whittier, CA 90605**





Don't You Agree?

We SOLA Lions have a beautiful location
for our meetings!

Come join us at the
Friendly Hills Country Club
Inside Lower Level
on the 1st and 3rd Wednesdays
of each month
5:30 to 7:15 PM

Special Meal Selections are only \$10
Tea, Coffee & Tip included

Visitors ALWAYS welcome!





October thru December are extremely busy months for SOLA Lions Club members

1. Softball Tournament

Special Olympics
Southern California



Southeast Los Angeles (SELA) - Whittier Area Softball Competition

This tournament is made possible by a partnership between Special Olympics Southern California, SOLA Lions Club, and the City of Whittier.

Saturday, October 8, 2016

Rio Vista Park
8751 Coffman & Pico Road Pico
Rivera, CA 90660

Special Olympics athletes from Southeast Los Angeles and surrounding areas will compete in Softball at the 2016 SELA Area Softball Competition.

SCHEDULE:

7:30am | Volunteer Check-In & Set-up
8:30am | Delegation Check-In
9:30am | Opening Ceremony
10:00am | Competition Begins
11:30pm - 12:30pm | Lunch (*Provided for registered athletes & volunteers only*)
3:00pm | Closing

*Times are general and subject to change

TEAMS/LEVELS OFFERED: (4) B Level, (4) C+ Level, (4) C Level, (4) C- Level

DELEGATION REGISTRATION DEADLINE: Friday, September 23rd, 2016

FOR MORE INFORMATION CONTACT:

Games & Volunteer Info: Ruri Pierre | rpierre@cityofwhittier.org | 562-567-9471

Delegation Registration Info: Teresa Borunda | tborunda@sosc.org | 562-502-1114

Oct. 8
SATURDAY



ALL SOLA MEMBERS
Please arrive at 6:30 AM





October thru December are extremely busy months for SOLA Lions Club members

2. Shotgun Golf Fundraiser

Oct. 14
FRIDAY



Please bring all Golfer sign-ups and Auction items to the **GOLF COMMITTEE MEETING** at PIH Hospital, lower level, this coming **Tuesday evening at 5:30 PM.**

SOLA Members: Please buy your luncheon tickets by Oct. 5 \$25

2016 SOLA Lions Club SHOTGUN GOLF TOURNAMENT

FRIDAY, OCTOBER 14

\$150 per player

California Country Club
1509 Workman Mill Road
Whittier, CA 90601

Schedule of Events

6 AM	Registration
7 AM	Shotgun Starts
12 Noon	Lunch

A fundraiser to help support our local Special Olympics Athletes



ALL SOLA MEMBERS
Please arrive at 5:30 AM



October thru December are extremely busy months for SOLA Lions Club members

3. Bowling Tournament

Special Olympics
Southern California



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Oct. 29
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1:30pm | Closing

*Times are general and subject to change

ALLOTMENT: Open to invited SELA Athletes Only

DELEGATION REGISTRATION DEADLINE: Friday, October 21, 2016

FOR MORE INFORMATION CONTACT:

Games & Volunteers: Ruri Pierre | rpierre@cityofwhittier.org | 562-567-9471



ALL SOLA MEMBERS
Please arrive at 9:45 AM





October thru December are extremely busy months for SOLA Lions Club members

4. Lions Centennial Project

Kids
Against
Hunger®

GREAT NEWS! SOLA Lions Club has been selected to be one of two Lions Clubs in our District 4-L2 and one of three in the State of California to be part of a Centennial District Project. The project is a joint project with Lions and Anthem. The project focuses on "KIDS AGAINST HUNGER". We have received a grant from the

Lions Foundation for \$1,000 with the rest of the cost coming from the Lions District 4-L2 Centennial Committee (about \$800) to pay for the cost of the project. The project will not cost the Club any money as our role will be to pack and ship nutritious meals to established humanitarian feeding programs in San Diego and around the world. The goal is to feed starving, malnourished children and to help end world hunger.

We will meet on Saturday morning, November 19th at the Cerritos Anthem Facility. For three hours, starting at 9 AM, 25 or more of our Club members and Special Olympics Athletes will scoop ingredients into plastic bags, seal the bags and place in boxes. We will have two lines in operation. At the end of the three hours we should have prepared enough meals to feed 7,182 children. What a great program and project for our Club to be part of. As we get closer to the event, more information will be available.

Submitted by Lion Ron Copley

To participate in the Centennial Project, sign up for this event electronically at:
<https://registration.lionsclubs.org/eventsmanager/onlineregistration.asp?EventcodeOV6>

Nov. 19
SATURDAY

OTHER SOLA DATES TO REMEMBER

Oct. 20
THURSDAY



TIP-A-COP - Local law enforcement will serve you to raise funds for local Special Olympics programs. 5-9 pm 15810 Whittier Blvd., Whittier



Nov. 16
WEDNESDAY



ANNUAL DISTRICT GOVERNOR AND CABINET VISITATION to SOLA Lions Club Meeting. We welcome DG Manny Sanchez and his cabinet. New members will be inducted. Let's have a great showing of all members!

Dec. 3
SATURDAY



ANNUAL SELA CHRISTMAS PARTY sponsored by SOLA serving food, DJ, dancing, gifts, and Mr. & Mrs. Santa to over 200 local Special Olympics Athletes and families at Simms Park in Bellflower.

Dec. 14
WEDNESDAY



SOLA LIONS CLUB HOLIDAY PARTY for members and family at the home of Susan and Drew Sones! A chance to celebrate the holidays together, enjoy each other's company and "wind-down" from these very busy fall months for serving our Special Olympics athletes!



Nov. 12 & 13
SATURDAY & SUNDAY

DEC. 4
SUNDAY



FALL GAMES

UNLEASH YOUR INNER CHAMPION & ATTEND

ORANGE COUNTY | NOV 12-13 & DEC 4



Volunteer Registration is Open for the 2016 Fall Games

Don't miss your chance to become a volunteer at the **2016 Fall Games!**

More than 1,500 volunteers are needed to make Fall Games a success for the 1,100 Special Olympics Southern California athletes who will compete.



This year the Games will be hosted on two weekends:

- **November 12 & 13** at Fountain Valley Recreation Center & Sports Park (soccer, softball, tennis, and volleyball)
- **December 4** at Fountain Bowl (bowling) and The RINKS - Huntington Beach (floor hockey)

Volunteer shifts are limited, assigned on a first come, first serve basis, and will go quickly.

Go to <https://2016-fallgames-volunteer.my-trs.com> to register as a volunteer.

September and October Birthdays

9/7: Amy Gaytan 9/19: Carol Copley 9/21: Harry Brown
10/15: Theresa Rivas 10/26: Larry Dicus 10/31: Jill Wall



Bob Corlew International President, Murfreesboro, Tennessee, USA
 Larry Dicus Past Lions Clubs International Director
 David Radtke California MD4 Council Chair
 Manny Sanchez..... 4-L2 District Governor
 Tessy Prumatico..... 4-L2 First Vice District Governor
 John Nelson 4-L2 Second Vice District Governor
 Maggie Cardenas 4-L2 Central Region Chair
 Lisha Valles 4-L2 Zone B Central Chair



SOLA LIONS CLUB OFFICERS 2016-2017

Susan Sones *President*
 Alberto Montes De Oca *1st Vice President*
 Marla Baker *2nd Vice President*
 Jeff Martin *Secretary*
 Carol Copley *Treasurer*
 Ron Copley

Susie Ausdal..... *Immediate Past President*
 Ruri "Peanuts" Pierre *Special Olympics Liaison*
 Theresa Rivas *Director*
 Jill Wall..... *Director*
 Drew Sones *Director*
 *Guiding Lion - Emeritus*



President's Message

SOLA Lion! Hear Us Roar!!!

Oh what a night! The induction of three new members, Craig and Ellen Peck and Mary Beth Duke as well as the installation of officers by District Governor Manny Sanchez at Friendly Hills Country Club was a smashing success. It was a wonderful turn out of friends and family, delicious food and most of all great camaraderie to celebrate being a Lion.

Our calendar is a busy one! September will be a month of organizing and supporting the activities and events we will be putting on in October. Due to scheduling we have crammed **THREE VERY IMPORTANT** activities into the month of October, so mark your calendars and be ready to lend a helping hand!

Saturday October 8 – Annual SOLA Softball Tournament at Rio Vista Park, Pico Rivera

Friday October 14 – SOLA Golf Tournament at California Country Club, Whittier Raising funds to support our athletes activities

Saturday October 29 – Annual SOLA Bowling Tournament at Del Rio Lanes, Downey

As we look forward to the 2016-2017 activities and speakers we also celebrate 100 Years of Lionism. A feat not many service clubs can claim. I invite our entire membership to participate as frequently and fully as you can in every one of our activities and events. Bring your friends and family out to see our athletes in action...who knows where our next member is coming from!

Being in service to others add dimension and joy to our lives, commodities that cannot be bought at any price.

Humbly in your service,
Lion President Susan
"We Serve"



SOLAMOTION

Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 7, No. 1 August 20, 2016



SOLA Lions Club Honors Ruri "Peanuts" Pierre with a Melvin Jones Fellow

REMEMBER ME?

"I'm the person who was invited to join your club. I'm the person who paid to join, stood up in front of all of you and promised to be a loyal and faithful Lion. I went to every meeting, but no one paid any attention to me. I was told to voice my opinion, but was ridiculed for doing just that. I tried several times to be friendly, but you all had your friend to sit and talk with. I hoped somebody would have asked me to take charge of the last fund-raising project, but no one saw my raised hand when I volunteered. I missed my first meeting when my spouse was ill; at the next meeting, no one asked me where I had been. I guess it didn't matter whether I was there or not. I tried very hard to be a good, hard-working Lion. You might say that I am a good sort of person who loves their community, but one thing you can say for sure, I'm the person who never came back. It amuses me now to think that you spent so much time looking for new members, when I was there all the time. All you needed to do was to make me feel needed, wanted and welcome."

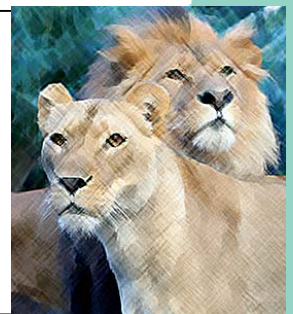
Copied from District 4-L6 Directory



The Mission of the SOLA Lions Club is "to take an active interest and participate in the mission and vision of the Special Olympics, to help provide sports and training programs for any individual with intellectual disabilities and thereby improve their lives and the lives of everyone they touch." Our SOLA Lions Club was chartered in March 2009 and is the third Lions Club in the world formed to serve Special Olympics.

Our SOLA Lions Club meets the 1st and 3rd Wednesdays of the month at 5:30 p.m.

Next Regular Meeting
September 7, 2016
Friendly Hills Country Club
8500 S. Villaverde Drive
Whittier, CA 90605



SPECIAL OLYMPICS



July 4th SOLA Lions Family Party at the Copley's



Photography by
Lion Wayne Martin
Sorry if I missed
taking your picture

Delicious Food, Great Fellowship, and Fabulous Fireworks



Lions International Director Howard Hudson installed District 4-L2 District Officers at a dinner at the Rio Hondo Event Center in Downey, CA. Congratulations to District Governor Manny Sanchez and First Lady Lilly Sanchez



SOLA Members in Attendance

- First Lady Lilly Sanchez (in August)
- Ron and Carol Copley—Event registrars
 Ron is District 4-L2 Treasurer
- Susan and Drew Sones
 Drew is a District Zone Chair
- Jeannine & David Williamson
- PDG Alberto Montes De Oca
 Alberto is a Dist. Cabinet Advisor and the Centennial Committee Chair
- Wayne Martin



2016-17
 ZOOHAWKZ



SOLA's New President Susan Sones with
 Outgoing President Susie Ausdal



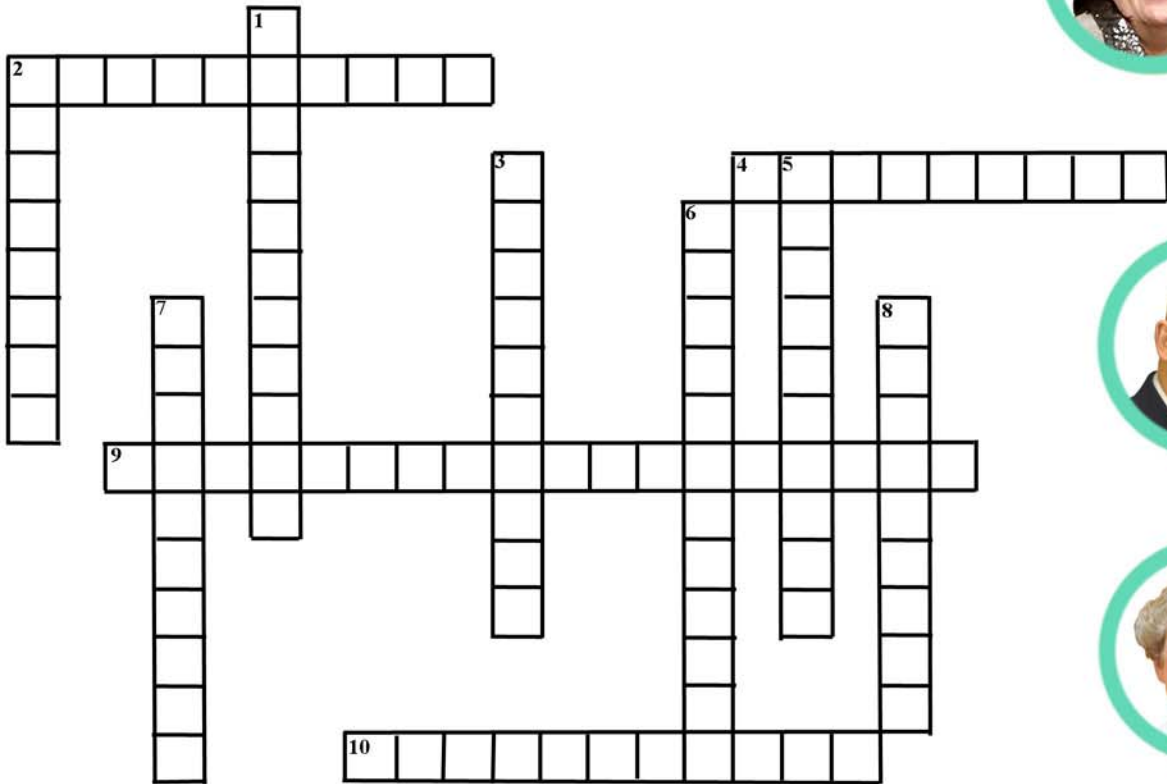
2016-17
 SOLA Officers
 with DG Sanchez

Ruri "Peanuts"
 Pierre receives
 Melvin Jones
 Fellow Award



DG Manny Sanchez and President Susan Sones
 with new members Mary Beth Duke,
 Ellen and Craig Peck

SOLA BOARD OF DIRECTORS for 2016-2017



ACROSS

- 2 - Secretary
- 4 - Director
- 9 - 1st Vice President
- 10 - Immediate Past President

DOWN

- 1 - Treasurer
- 2 - Director
- 3 - President
- 5 - Special Olympics Liaison
- 6 - Director
- 7 - 2nd Vice President
- 8 - Guiding Lion - Emeritus



SPECIAL OLYMPICS



Keeping SOLA Records Up to Date



SOLA Lions Club Presidents

2009 - 2010	Dr. Elisa Roche
2010 - 2011	Robert Warnock
2011 - 2012	Sharon Montes De Oca
2012 - 2013	Marvin Byrne
2013 - 2014	Hilda Ortega
2014 - 2015	Stephen Nichols
2015 - 2016	Susie Ausdal
2016 - 2017	Susan Sones

SOLA Lions Club "Lion of the Year" Recipients

2011	Stephen Nichols
2012	Ruri "Peanuts" Pierre
2013	Barbara Lesa
2014	Rosa Masterson, Jerry Masterson
2015	PID Larry Dicus, PDG Alberto Montes De Oca, Drew Sones, Ron Copley, Wayne Martin
2016	Jill Wall

SOLA Lions Club "Melvin Jones Fellow" Recipients

2010	Dr. Elisa Roche
2011	Robert Warnock
2012	Sharon Montes De Oca
2013	Wayne Martin
2015	Ron Copley
2016	Ruri "Peanuts" Pierre

THANKS VOLUNTEERS!

- Ron Copley
- Carol Copley
- Drew Sones
- Susan Sones
- Barbara Lesa
- Steve Nichols
- Susie Ausdal
- Ruri Pierre
- Linnea Pueschel
- David Williamson
- Jeannine Williamson
- Mark Elias
- Larry Dicus
- Jerry Masterson
- Rosa Masterson
- Theresa Rivas
- Amy Gaytan
- Jill Wall
- Sarah Wall
- Marla Baker
- Marla's 2 grandkids
- Lilly Sanchez
- Ursula Bell
- Alberto Montes De Oca
- Sharon Montes De Oca

PIZZA



Slice or Whole

SOLA's Booth

at Concerts in Parnell Park

6 Nights!



Thanks, Alberto, for heading up this fundraiser!



Let's all join together to make this Shotgun Golf Tournament a great success!



SOLA's Annual Softball Tournament date is yet to be finalized.



The Bowling Tournament will be on Oct. 29, at the Del Rio Lanes in Downey. 9:45am will be check-in for volunteers. The actual competition will be from 11am-1:00pm.



August and September Birthdays

8/5: Larry Lopez 9/19: Carol Copley 9/21: Harry Brown

Known Wedding Anniversaries

8/16: Susan and Drew Sones



A fundraiser to help support our local Special Olympics Athletes

Schedule of Events

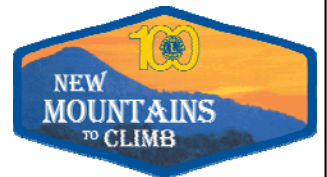
6 AM Registration
7 AM Shotgun Starts
12 Noon Lunch

For more information call

Roddy Hiatt (562) 355-8559
Steve Nichols (562) 201-3773
Susan Sones (562) 696-5200



Bob Corlew International President, Murfreesboro, Tennessee, USA
Larry Dicus Past Lions Clubs International Director
David Radtke California MD4 Council Chair
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SOLAMOTION

Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 6 , No. 10 June 15, 2016



SOLA RECEIVES HONORS AT DISTRICT 4-L2 CONVENTION

HONORABLE MENTION FOR CLUB FIRST PLACE FOR MONTHLY NEWSLETTER

A Message from President Susie Ausdal



Let me start this message with a heart filled with gratitude and great appreciation for everyone of our members! This past year I have witnessed determination by our athletes to be the best that they could be. Our job was simple: just be there for them. As we grow and mature as a club I pray we never lose sight of our vision for the athletes.

In the years to come we will be asked to do things greater than ever for our athletes and their families. Please, don't just say no. Remember, if we have a heart and a mind to succeed, we can do anything. Think about our first swim meet, and our first World Olympics. We have come far, yet our mission is not over. We have so many more athletes that are waiting for us. Athletes that need us to lead the way, to be their voice for the future.

Will you take that step and join SOLA to create a World of Champions?

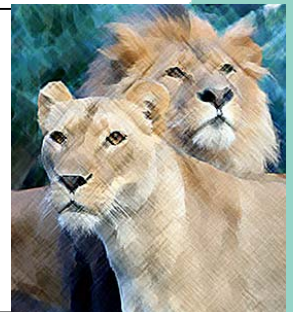
Lion President
Susie Ausdal



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Our SOLA Lions Club meets the 1st and 3rd Wednesdays of the month at 5:30 p.m.

Next Regular Meeting
June 15, 2016
Friendly Hills Country Club
8500 S. Villaverde Drive
Whittier, CA 90605





May 18, 2016

Special Olympics Beckie White Speaks at SOLA Meeting



Beckie White, staff member with Special Olympics Southern California – Healthy Athletes, expressed her appreciation for SOLA’s support. “We could not do Special Olympics without you.”

After sharing her background leading to a career with Special Olympics, she gave some “Not-So-Fun-Facts” about Special Olympic athletes world-wide:

- 80% are overweight
- Majority are from low-income homes – they cannot afford the costs for uniforms or equipment. Therefore, all Special Olympic programs are free to the athletes and their families.
- 53% had no exercise regiment prior to Special Olympics.
- 40% have a preventable disease: asthma, diabetes, depression, cardio-vascular, tooth decay, vision problems. That’s why **Healthy Athletes** is so important.

The good news is: our volunteers, once involved in Special Olympics, are involved for 10 years.

Beckie White encouraged SOLA members to attend, volunteer, and support the Summer Games at Long Beach State University this month.



What does the Special Olympics logo signify?



The Special Olympics logo depicts five figures in a unifying circle, symbolizing our global presence.

The figures have arms in a lowered position, recalling the time when many people were unaware of the talents and abilities of adults and children with intellectual disabilities -- a time before the founding of Special Olympics.

The straight arms describe a greater equality and outreach. The raised arms represent "joy", and continued realization of ultimate goals.

Copied from Special Olympics website.

CIF Masters Meet — Pre-Meet Exhibition Race of SO Athletes



Sponsored by SOLA, our own Special Olympics **Team Whittier** and athletes from Norwalk participated in two 100 meter races before the crowd and top athletes at the So. California Interscholastic Federation Track and Field Masters Meet at Cerritos College on May 27th. Each athlete was awarded beautiful participation metals. Special thanks to Lion Coaches John and Jill Wall, and former CIF Commissioner Lion Dean Crowley for their leadership, planning, and dedication to this awesome event.
Photos by Lizette Adams Photography

SOLA Lions welcomed **Monica Gerardo**, Women's Soccer Coach and faculty leader of Student/Athlete Academy at Whittier College, at its June 1 SOLA Lions Club meeting. Monica has helped coordinate our basketball tournaments for the past 4 years. A check was presented to Coach Gerardo for her Soccer Squad, along with a personal gift to Monica for her four years of partnership with SOLA.

Thank you Monica and Whittier College for all you do for Special Olympics throughout the year!





30th Anniversary of the Torch Run

Team Whittier Flyers and Police Officers Run through the Streets of Whittier on June 6



- In 1986, a few officers picked up a torch, a map, and some running shoes and hit the pavement to raise funds and awareness for Special Olympics Southern California.
- It was the beginning of the Law Enforcement Torch Run in Southern California, thanks to the leadership of San Luis Obispo Chief of Police Jim Gardner and LAPD SWAT officer Rick Massa.

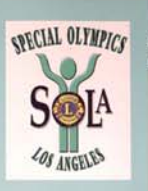
The Law Enforcement Torch Run for Special Olympics Southern California is the largest public awareness vehicle and grass-roots fundraiser as more than 3,500 officers in Southern California assist in carrying the Flame of Hope™ to the Opening Ceremonies. The Law Enforcement Torch Run is present in all 50 U.S. states, Canadian provinces and 46 nations with 85,000 officers around the world, raising more than half a billion dollars since its inception in 1981.

The Law Enforcement Torch run was conducted on June 6, 2016 with a handoff from the La Habra Police to City of Whittier Police and Special Olympics athletes on Whittier and First Ave. Officers and athletes ran along Whittier Blvd and up the grueling hill of Colima to pass the torch to the sheriffs in Hacienda Heights.

SOLA Lions Throw Pizza Party for SEA MONKEY'S SWIM TEAM - June 6, 2016



Thank You
SOLA Lions Club
Whittier
For All Your
Support of
OUR ATHLETES
and
FAMILIES!!





June 11-12, 2016



Special Olympics - Southern California 2016 Summer Games - CSULB

My Fellow Lions,

I hope this finds each of you and your loved ones doing well. I'm always amazed at how fast time moves along, I'm sure you would all agree. I have been extremely fortunate to be a part of our club from the very beginning. We have made incredible strides and have accomplished so much together with each passing year. As with any organization, we've lost some special people along the way, but we've also been blessed to have others find their way to us. Rest assured, we all make a difference in our own way and I couldn't be more proud to be standing with all of you!



As time marches on I'm constantly reminded of how challenging it is for all of us to stay the course. Life, unfortunately, does get in the way at times. I know it has for me the last few months. Today I was at the opening ceremonies for Summer Games at Cal State Long Beach. What an amazing time and it brought it all home for me once again. We serve our wonderful athletes and what a joy it is! I would encourage all of us to rededicate ourselves to the task at hand. I know I need to.

As our year under the excellent leadership of President Suzie draws to a close, it is time for me to leave the Board of Directors. I want to thank each and every one of you for the job you have done. As we continue on, it is up to each of us to keep our focus on all individuals with intellectual disabilities. Simply put, they need us, but we most definitely need them. I assure you that I will be here and will continue to serve our athletes as I have done from the beginning in 2009.

Respectfully,
Lion Steve

SPECIAL OLYMPICS



Announcements Announcements Announcements!

Our 2nd Annual
SOLA Lions Club
 SHOTGUN GOLF TOURNAMENT

Postponed
 until
FRIDAY, JUNE 10, 2016

Country Club
 12700 Susan Mill Road
 Whittier, CA 90601

Schedule of Events
 Registration
 8:00 a.m. Shotgun Start
 12 Noon Lunch

\$150 PER PLAYER

October 14

CITY OF WHITTIER CALIFORNIA INC. 1878

City of Whittier:
SUMMER CONCERTS
 in the Park!

Thursday Evenings at Parnell Park
 15390 Lambert Road

- June 30 Mariachi Divas - Mariachi
- July 7 Scot Bruce- Elvis the younger years
- July 14 Heartache Tonight- Eagles
- July 21 Smooth- Santana Tribute
- July 28 Hard Days Night- Beatles
- August 4 Stone Soul- Motown

Headed up by PDG Alberto Montes De Oca, SOLA Lions will be selling slices of pizza, sodas, and water each Thursday evening at the "Summer Concerts" at Parnell Park. All concerts begin at 7 p.m.

July 4th
 SOLA Family
 Potluck
 and
 Fireworks

The
 Ron and Carol
 Copley Home
 15352 Mar Vista St.
 Whittier

6:00 PM

Bring drinks
 for your family.
 Please call Carol
 to discuss what
 dish you
 might bring.

RSVP by July 1
 562-693-8330
 or email
 roncopley@
 earthlink.net



**Final Call for
 Ads in SOLA
 Club Directory**

Submit your business card
 to LionWayne Martin or he
 can create an ad for you.

Business Card Size Ad = \$50

**Help Support the printing of our
 SOLA Directory by Placing An Ad**

Annual Club Dues for 2016-17
 are receivable this month:
 Members: \$135, Associates: \$100.

Please make checks payable
 to SOLA Lions Club
 and send to
 Carol Copley, SOLA Treasurer
 15352 Mar Vista St.
 Whittier, CA 90605



Come Celebrate DG-Elect Manny Sanchez and District Officers Installation!



SOLA donated 2 canopies to **TEAM WHITTIER**

for needed cover at various Special Olympics competitions. Thank you, Lion Jeff Martin, for locating a great source and picking up and delivering the canopies.



2016-2017 Installation Dinner



Since June 7th, 1917

JOIN US AS WE CELEBRATE THE INSTALLATION OF OUR 2016-2017 CABINET FOR DISTRICT 4-L2

Installing Officer: ID Howard Hudson

Sunday, July 17, 2016

Rio Hondo Event Center
10627 Old River School Road
Downey, CA 90241

Cost \$35.00

4:00-7:00PM

Social Hour at 4:00PM

Program Begins at 5:00PM

Attire: Business Casual

July 17

Mail Checks to

Lion Ron Copley

15352 Mar Vista St.

Whittier, CA 90605

Call 562-693-8330

Email roncopley@earthlink.net

RSVP by July 10th, 2016 / Pre-Paid Only / No Walk-Ins

June and July Birthdays

6/3: Brenda Brown 6/16: Susie Ausdal 6/19: Ursula Bell, 6/24: John Wall 6/26: Ron Copley
7/2: Linnea Pueschel 7/9: Alberto Montes De Oca 7/20: Roddy Hiatt
7/21: Jeannie Williamson 7/22: Ruri Pierre, Mark Elias



Dr. Jitsuhiro Yamada International President, Minokamo, Gifu, Japan
Larry Dicus..... Past Lions Clubs International Director
Mary Rynearson California MD4 Council Chair
Larry Wehage 4-L2 District Governor
Manny Sanchez 4-L2 1st Vice District Governor
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Lenora Perri..... 4-L2 Central Region Chair
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Jeff Martin.....*Director*

SOLAMOTION

Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 6 , No. 9
May 18, 2016



Springtime = Service Time!



A Message from President Susie Ausdal



Wow! Our calendar has been full with activities involving our athletes! Basketball was a bouncing success. The swim meet a splashing event! Let us not forget the Spring Regional Games held this past Saturday at Whittier College.

Thank you for being there and supporting our athletes! Our lives have been enriched and humbled since witnessing the strength and determination of each athlete.

Our year is not finished by any means. We have a fantastic opportunity to join forces and support our second annual golf fund raiser at the California Country Club.

Hope to see everyone at our next SOLA meeting on May 18th at the Friendly Hills Country Club.

Lion President Susie



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Next Regular Meeting
May 18, 2016
Friendly Hills Country Club
8500 S. Villaverde Drive
Whittier, CA 90605





SELA—Whittier Basketball Tournament—Whittier College



Downey



Pasadena Yellow Ducks



Pico Rivera Pirates



San Gabriel Valley Tomahawks



Westside UCLA



Southbay Mychal's Bulldogs



Special Thanks to Whittier Poets for Fantastic Assistance



Basketball Tournament photos taken by Lions Linnea Pueschel and David Williamson

SPECIAL OLYMPICS



SELA-Whittier Aquatics Meet - Palm Park - May 7, 2016



Special Olympic Aquatics Teams: La Mirada Marlins, Cerritos Torpedoes, Bellflower Torpedoes, Whittier Sea Monkeys

Special Thanks to City of Whittier for Aquatics Center and Staff



We appreciate the assistance of Cal Hi's Men's League, Bell Garden HS's Leo Club, guests and prospective SOLA members!



SOSC Regional Games - Whittier College - May 14, 2016



TEAM WHITTIER

Supporting our own **Team Whittier** under the coaching of SOLA Lions Jill and John Wall with track runner Sarah Wall. Working the event were Lion Ruri Pierre heading up the Long Jump event and Lion Jeff Martin announcing all track events from the Whittier College stadium's press box. Special Olympic Athletes from Los Angeles, San Gabriel Valley and surrounding areas competed in Athletics, Basketball and Bocce.

Special Olympics
Southern California

*"Let me win,
but if I cannot win,
let me be brave in the attempt."*

Yet to Come in May!

May 27 — CIF Master Meet — Pre-Meet Exhibition Race of Local SO Athletes
Track and Field Teams - Cerritos College. 4:30-6:00 pm. Meet in Parking Lot C

SOLA Lions, be sure to be part of this phenomenal afternoon when our own Special Olympic **Team Whittier** and athletes from Norwalk participate in two 100 meter races before the crowd and top athletes at the So. California Interscholastic Federation Track and Field Masters Meet. Before the meet, a SOLA Lion member will be paired up with an athlete, and at the end of their races, we have the honor of presenting each participant with a medal of participation.



Pictures from last year's CIF Master Meet when Special Olympic athletes were honored for the first time in CIF history.



SOLA's Fundraiser is just weeks away!

FORE!

Hi golfers and friends! Time is approaching! The S.O.L.A. Second Annual Golf Tournament is just around the corner, so... Mark your calendars. Get ready to tee up that golf ball for a great cause...supporting our local Special Olympic Athletes in their endeavors to practice, play and win!

- Lion Susan Sones,
Golf Committee Chair

Fundraiser to Support Our Local Special Olympic Athletes

Our 2nd Annual
SOLA Lions Club
SHOTGUN GOLF TOURNAMENT

FRIDAY, JUNE 10, 2016

California Country Club
1509 Workman Mill Road
Whittier, CA 90601

Schedule of Events

6:00 a.m. Registration
7:00 a.m. Shotgun Start
12 Noon Lunch

\$150 PER PLAYER



May & June Birthdays

5/11: Dean Crowley 5/13: Sharon Montes De Oca 5/21: Steve Nichols 5/31: Jeff Martin
6/3: Brenda Brown 6/16: Susie Ausdal 6/19: Ursula Bell, 6/24: John Wall 6/26: Carol Copley



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Jeff Martin..... *Director*

SOLAMOTION

Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 6 , No. 8 April 18, 2016



Basketball Tournament This Saturday



A Message from President Susie Ausdal

Hello and welcome to SOLAMOTION. As I sit here preparing my message and reflecting about the last couple of months I wonder if everyone is on the same page as me. It's April; we are preparing for the basketball tournament which will take place Saturday, the 23rd at Whittier College. I wonder who is more excited: us or our athletes? I wish I had the ability to continually share their joy, to express myself as freely as our athletes do.

Today, I was involved serving intellectually challenged individuals at an afternoon social. They were all eating when the music started and suddenly nothing else mattered. So much laughter and joy was expressed that suddenly I was homesick, I missed our athletes and the magic that they bring to my life.

I invite you to come and experience this remarkable feeling. Come be part of SOLA'S footprint today.

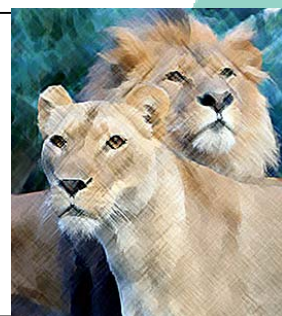
Lion President Susie



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Our SOLA Lions Club meets the 1st and 3rd Wednesdays of the month at 5:30 p.m.

Next Regular Meeting
April 20, 2016
Friendly Hills Country Club
8500 S. Villaverde Drive
Whittier, CA 90605





SOLA Lions Upcoming Basketball and Aquatic Tournaments

Basketball

We are looking forward to another great basketball tournament at Whittier College. We have met with the staff and they are excited to have us back again this year. They pass along that the Whittier College athletes that have been part of our tournament in the past are looking forward to the tournament and telling the new athletes that they should come and be part of working with the athletes. These Whittier College athletes are terrific.

2016 SELA-Whittier Basketball Tournament

Hosted by SOLA Lions Club & Whittier College

Saturday, April 23, 2016

Whittier College— Donald E. Graham Athletics Center
13847 Earlham Drive
Whittier, CA 90602

Special Olympics Southern California athletes from Southeast Los Angeles and surrounding areas will compete in Basketball at the 2016 SELA-Whittier Basketball Tournament.



SCHEDULE:

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8:30am - 9:00am: Athlete Check-in
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12:00pm - 1:00pm: Lunch
2:00pm - 2:30pm: Closing

*Times are general and subject to change

** Lunch will be provided for all registered athlete, coaches & volunteers.

LEVELS OFFERED: Low C Level Teams, (4) D Level Teams

FOR MORE INFORMATION:

Ruri Pierre
rpierre@cityofwhittier.org
562-567-9471



Special Olympics
Southern California



2016 SELA-Whittier Aquatics Meet

Hosted by SOLA Lions Club & City of Whittier

Saturday, May 7, 2016

Palm Park
5703 Palm Ave.
Whittier, CA 90601

Special Olympics Southern California athletes from Southeast Los Angeles will compete in Aquatics at the 2016 SELA-Whittier Aquatics Meet.



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-* 25m Freestyle-Lower	- 50m Backstroke	- 100m IM
	- 50m Breaststroke	- 4x25m Freestyle Relay
	- 50m Butterfly	

* Denotes lower ability races



Aquatics

Again this year we will be going back to Palm Park in Whittier for our Aquatics meet. With 60 or 70 swimmers, this venue size fits us well. We have had many of the parents of the swimmers tell us how much they like this facility. The Whittier Special Olympics Aquatics program is growing and we should have a large turnout of swimmers attending our meet.



Spring and Summer Special Olympic Events Involving SOLA

May 14 — 2016 Los Angeles & San Gabriel Valley Spring Regional Games

9:30 AM - 3:00 PM - at Whittier College

Come cheer on Los Angeles, San Gabriel Valley & surrounding area athletes as they compete against each other in athletics, basketball & bocce.

Come support the **Team Whittier** track team under the coaching of our own **SOLA Lions Jill and John Wall** at this event!



May 27 — CIF Master Meet — Pre-Meet Exhibition Race of Local SO Athletes

Track and Field Teams - Cerritos College. 4:30-6:00 pm. Meet in Parking Lot C

SOLA Lions, be sure to be part of this phenomenal afternoon when our own Special Olympic **Team Whittier** and athletes from Norwalk participate in two 100 meter races before the crowd and top athletes at the So. California Interscholastic Federation Track and Field Masters Meet. Before the meet, a SOLA Lion member will be paired up with an athlete, and at the end of their races, we have the honor of presenting each participant with a medal of participation.



Pictures from last year's CIF Master Meet when Special Olympic athletes were honored for the first time in CIF history.

June 11-12 — 2016 Summer Games

at California State University, Long Beach

Witness the human spirit on full display at the 2016 Summer Games. More than 1,100 athletes from across Southern California will compete for gold, silver, and bronze medals and ribbons.

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The Summer Games are the largest competition of the year and the first of two major Southern California competitions held every year.



**Special
Olympics**
Southern California



Fundraiser to Support Our Local Special Olympic Athletes

FORE!

Hi golfers and friends! Time is approaching! The S.O.L.A. Second Annual Golf Tournament is just around the corner, so... Mark your calendars. Get ready to tee up that golf ball for a great cause...supporting our local Special Olympic Athletes in their endeavors to practice, play and win!

- Lion Susan Sones,
Golf Committee Chair



District 4 - L2 Lions Convention is in San Diego - May 19-21, 2016

Crowne Plaza Hotel—A Great Location!
Hearts will be inspired and encouraged.
Network—Lions helping each other uncover new ideas and share expertise.



Convention Registration form on page 6 of this SOLAMOTION edition.
Or on-line at: www.lions4l2.org, (also hotel reservations on-line.)
Early bird discounts end April 20th!



Help Support the printing of our SOLA Directory by Placing An

Business Card Size Ad = \$50

Submit your business card to Lion Wayne Martin or he can create an ad for you.



SOLA Board of Directors Nominations for 2016-2017

The following candidates have been proposed by the Nominating Committee for next year's SOLA Lions Club officers:

- PresidentSusan Sones
- 1st Vice President Alberto Montes De Oca
- 2nd Vice President Marla Baker
- Immediate Past President..... Susie Ausdal
- Secretary.....Jeff Martin
- Treasurer Carol Copley
- Special Olympics LiaisonRuri "Peanuts" Pierre
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- DirectorDrew Sones

The election of officers will be held at the SOLA Lions Club's regular meeting on April 20, 2016. - PP Stephen Nichols - Nominating Committee Chair



April and May Birthdays

4/7: Wayne Martin 4/10: Jerry Masterson 4/23: Gloria Lopez
 5/11: Dean Crowley 5/13: Sharon Montes De Oca 5/21: Steve Nichols 5/31: Jeff Martin



Dr. Jitsuhiro Yamada International President, Minokamo, Gifu, Japan
 Larry Dicus..... Past Lions Clubs International Director
 Mary Rynearson California MD4 Council Chair
 Larry Wehage 4-L2 District Governor
 Manny Sanchez 4-L2 1st Vice District Governor
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 Lenora Perri..... 4-L2 Central Region Chair
 Chris Ohrmund..... 4-L2 Zone B Central Chair



SOLA LIONS CLUB OFFICERS 2015-2016

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 Susan Sones *1st Vice President*
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 Ursula Bell.....*Secretary*
 Carol Copley.....*Treasurer*

Stephen Nichols*Immediate Past President*
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 Marla Baker*Director*
 Linnea Pueschel*Director*
 Jeff Martin.....*Director*



78th Annual Lions District 4-L2 Convention

“Working Together to Create the Future”

Lokahi - Unity, Agreement, Harmony

Crowne Plaza Hotel, 2270 Hotel Circle North, San Diego, CA 92108

Thursday through Sunday, May 19-22, 2016 – Hotel Code “Lions Club District 4L2”

Convention Registration

Please PRINT (Reproduce this form for additional registrations.)

Name _____ Club _____

Last First (as desired on badge)

Address _____ Phone _____

Non Lion / Spouse / Guest _____

Last First (as desired on badge)

Contact Email _____ Arriving by: Car ___ Air ___ Train ___

Current Status in Lionism: First Timer ___ Melvin Jones Fellow ___ Delegate ___ Alternate ___

DG ___ VDG ___ PDG ___ CS ___ CT ___ RC ___ ZC ___ Dist. Chair ___

Club Pres. ___ Club Sec’y ___ Pres. Elect ___ PCC ___ PID ___ ID ___

Convention Events & Cost	Early Bird Received by April 20th, 2016	Registration Received after April 20th, 2016	How Many	Amount Enclosed
PACKAGE DEAL Including everything below	\$200	\$240		
LEO Registration Fee	FREE	FREE		
REGISTRATION Mandatory Lions, Spouses And Guest	\$25	\$ 30		
Friday First Nighter Talent/No Talent Contest Hors d'oeuvres, No Host Bar	\$30	\$ 40		
Saturday Morning Full Buffet Breakfast	\$30	\$40		
Saturday Lunch - Featuring Visiting ID Jack Epperson (Circle) * Turkey Croissant * Chipotle Chicken Wrap * Veggie Wrap	\$35	\$ 45		
Saturday Evening Governor's Banquet Entertainment “Elvis will be in the house” (Circle) * Tri Tip * Grilled Chicken * Baked Salmon * Mushroom Pasta	\$55	\$65		
Sunday Breakfast Meeting	\$35	\$45		
		Total Amount Enclosed		

Special Dietary Needs _____ Accessibility Needs _____

Convention Dress: Hawaiian Attire

For more information or to register contact: Lion Linda Birch at 4L2convention@gmail.com

To pay for the registration please mail this form along with your check or money order Payable to: “Lions District 4-L2”, in the memo write “Convention”. Mail to: Lion Linda Birch at P.O. Box 6713, Rosemead CA 91770.

By registering, I accept and agree that all change requests or cancellations must be received by May 1, 2016. Refunds are subject to a \$15.00 processing fee. Notification of changes or cancellations must be submitted in writing and received by Lion Linda Birch, Post Office Box 6713, Rosemead CA 91770 or by email at 4L2convention@gmail.com no later than May 1, 2016.

Please refer to www.lions4l2.org for additional information and online registration.

SOLAMOTION

Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 6 , No. 7 March 15, 2016



Happy St. Patrick's Day



A Message from President Susie Ausdal



Hello SOLA and friends,

I feel like we have been away on vacation and are just getting back to work. It's time to shake the dust off and get busy!

We have basketball and aquatics coming up April and May. Then in June our second annual golf tournament. The golf event is a very important event for our athletes as it's our major fundraiser. Yes, I said fundraiser! SOLA is a non profit and we put our heart and soul into this event.

Everyone is busy today and life just gets busier. In fact, how many of you actually take time to read the President's Message? How many realized that I didn't write last month's message? Did you know that I was ill and that Steve and Susan took time out of their busy schedule to jointly write your message? Why is this important? Because everyone is busy with meetings, work, family and commitments.

Life will only change if you, as an individual, take a stand and make a difference. Our athletes, like Sarah, David, and Destiny are depending on you. Yes, they need you to support their events but also let's not leave the others behind. I am asking for everyone that reads this letter to open your checkbook and write a check to SOLA Lions. Your donation will help purchase goggles, swim caps, and kick boards. How can one compete if you don't have the proper tools? So please take five minutes and give what your heart tells you. If you think our athletes don't need your money...then come down and look them straight in the eyes. Look at their families who have given up their life dreams for their athlete. Sponsor a family, sponsor an event, but most of all, feel your heart swell with pride as you watch the athletes compete to their best abilities. Feel the Pride of being a Lion!

Susie Ausdal
Lion President

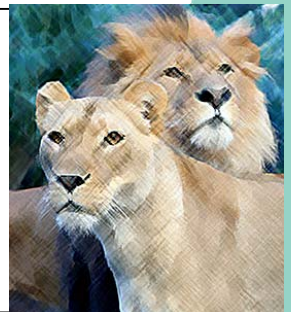
Find us on Facebook, Check out our website - www.solalionsclub.org



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Our SOLA Lions Club meets the 1st and 3rd Wednesdays of the month at 5:30 p.m.

Next Regular Meeting
March 16, 2016
Parnell Park—Sr. Lounge
15390 Lambert Rd.
Whittier, CA 90604



Congratulations to VDG Manny Sanchez and Lion Lily Gomez who became Mr. and Mrs. on February 25th in Las Vegas.

PDG Bill Walters was proud to walk Lion Lily down the aisle.

Picture compliments of Montebello Lions Club.



Lion John Nelson, candidate for District 4-L2's 2nd Vice District Governor for 2016-2017, spoke at the SOLA Lions Club on March 2nd. Past President of the Belmont Shore Lions Club and currently District 4-L2's Bay Region Zone A Chairperson, Lion John has the reputation of being "Johnny on the Spot" with his service and dealing with emergencies. Pictured with him are two of his ardent supporters, Lions Dan Skewes and Gary Hall.



SOLA's **Lion Drew Sones** adds humor at each of SOLA's meetings by supplying **Fun Facts**— timely and funny trivial information about the origins of various common day words or phrases like "Close, but no cigar" (*Carnivals used to give out cigars as prizes, so almost winning would get you close to achieving a cigar, but not quite.*)



Sarah has skied with USARC (United States Adaptive Recreation Center) in Big Bear since around 2002. She skied in her first fundraiser for them in March 2005. This year, her 11th year of fundraising for USARC, she raised \$700 and we are so proud of her.

When she first began skiing with USARC they had a pair of skis rigged with a walker for her to hold on to. She typically has four ski lessons each season (does about 15 runs on average each time) and she gets progressively better with each passing year. For the last couple of years she starts out her runs in the morning with a little assistance. Depending on the instructor, sometimes she just holds their hand or they hook the poles together to give her a little confidence. By lunch time she's skiing solo the rest of the day with her instructor by her side.

She also participates in their summer program (for about 10-12 years and water ski's, kayak's, sails, and fishes (usually catches fish with her pink pole). Check out the video of her skiing a few years ago.

<https://youtu.be/NO1znKsA2i0?list=PLVtzzh10-I5LZUBLENBUBN-9xVN19Q6Ch>



SOLA Lions Upcoming Basketball and Aquatic Tournaments

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Special Olympics
Southern California



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*- Lion Susan Sones,
Golf Committee Chair*



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Business Card Size Ad = \$50

Submit your business card to Lion Wayne Martin or he can create an ad for you.

59th Annual Lions Tribute Day at City of Hope - April 3, 2016



An informative and entertaining day of tours and lectures, followed by a delicious lunch and recognition program. While there is no charge for lunch, tickets will be required for admission. Please make your reservation by **Friday, March 25, 2016** by calling Michelle Rey at (626) 218-6560 or mrey@coh.org.



SOLA Board of Directors Nominations for 2016-2017

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- 1st Vice President Alberto Montes De Oca
- 2nd Vice President Marla Baker
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 Larry Dicus..... Past Lions Clubs International Director
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SOLA LIONS CLUB OFFICERS 2015-2016

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SOLAMOTION

Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 6 , No. 6 February 15, 2016



Happy Valentine's Day to SOLA Members and Special Olympics Athletes

A Message from Past President Stephen Nichols



Yes folks, it's me again. Just one more time. Lion President Susie asked me to share a few thoughts from the past, specifically when our athletes first captured my heart. Easy stuff, it was our softball tournament in 2009 and I will never forget it! Bob Warnock and I were the announcers and every player was living in the moment. What a day it was! Sure, we were at a small field in Whittier, but to our athletes, they were competing as if it were the World Series! Such enthusiasm and joy in their hearts; not a selfish thought or distraction in their demeanor. They never put themselves above the game. Don't you wish the rest of the world and our so called pro-athletes would get this?

I truly believe that our Special Olympics Athletes show us everyday how we should live our lives. They are such a wonderful example. Yes, they grabbed my heart several years ago and they remind me of that every time I am fortunate enough to spend time with them. In this hustle, bustle world where each of us live, we must always stop and remember how fortunate we are to be a part of SOLA and the lives of so many that we can help.

A Word from First Vice President Susan Sones



For the past six years our Special Olympics Lions Club has had the privilege of organizing and hosting competitive sporting events for our local Special Olympics (SO) athletes. These events provide a sporting outlet for our athletes and their coaches as well as an opportunity to engage in social interaction with their peers. As SOLA members, we have the pleasure of hosting tournaments for softball, bowling, basketball and swim meets which means that we are exemplifying the Lions motto of "We Serve".

Watching our SO competitors we have seen the archaic sporting phrase of "The thrill of victory...the agony of defeat" turned into one of "The thrill of victory... the joy of competing." Seeing the expressions of pure excitement, the congratulatory pats on the back and hugs that the athletes share at the conclusion of an event are both thrilling and humbling to SOLA members and the fans. No "sour grapes" here, something some professional athletes should take as their example!

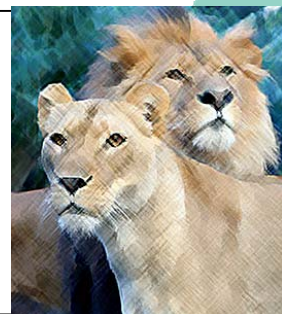
We invite you to come to a meeting and find out more about becoming a member of the SOLA Lions Club. We also invite you to turn out to cheer on and support our SO athletes at any of our events as noted in the SOLAMOTION! Hope to see you soon!



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De Luca's Restaurant
15503 Whittier Blvd.
Whittier, CA 90603





Cal High MLB Men Honored and Thanked at January 20 Meeting



For their 100% faithful support and help at each of our SOLA events, the California High School “Men’s League Board” students were guests for dinner at SOLA’s regular meeting on January 20th and presented a check for \$300 to help them pay for club expenses. Mr. Jeff Ramirez is their Faculty Advisor. Thanks, boys, for your valuable assistance.

SOSC Guest Speakers at October 3rd Meeting



Special
Olympics
Southern California



Kelly Pond

Executive Vice President of
Development and Communications
Special Olympics Southern California

Reflecting on the impact from last summer’s World Games, Kelly shared how Special Olympics Southern California is reassessing how to best meet the needs of athlete and program growth from 19,625 athletes in 2015 to possibly 28,000

in 2016. Let’s evaluate what sports should be offered. She spoke of how the World Games Legacy Goals of building community relationships (HostTown), program resources, Major Gifts, Sponsors, Donors, Friends and Fans, and leadership development are affecting Southern California’s goals. The cost for athlete participation in the various sports was discussed and Kelly highlighted last year’s 157,115 volunteer hours of coaches and community programs and the need to find major sponsors to fund specific expenses.



Manasa Iyer

Special Olympics Global Messenger
Winter Olympics “Snow Shoeing”
Medal Winner

“I started Snow Shoeing when I was in elementary school.” “Special Olympics has made me want to be a better person.” “Sports can change a person’s life.”

Standing with SOLA members Sharon and PDG Alberto Montes De Oca are the Secretary and President of the newly forming Champions Lions Club of Orange County, Cheryl and Michael Zozaya. Like SOLA, Champions Lions Clubs’ sole mission is to support Special Olympics Athletes.



Gearing up for a busy Spring Season of Serving

Basketball

Special Olympics
Southern California



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Aquatics

Special Olympics
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- | | | |
|--------------------------------------|--------------------|-------------------------|
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| -* 15m Unassisted Walk | - 25m Butterfly | - 200m Freestyle |
| -* 15m Kickboard | - 25m Freestyle | - 400m Freestyle |
| -* 25m Freestyle-Lower | - 50m Backstroke | - 100m IM |
| | - 50m Breaststroke | - 4x25m Freestyle Relay |
| <i>* Denotes lower ability races</i> | - 50m Butterfly | |



FOR MORE INFORMATION:

Ruri Pierre
rpierre@cityofwhittier.org | 562-567-9471



Other Dates to Add to Your Calendar

- May 27 — CIF Master Meet — Pre-Meet recognition of local Special Olympics Track and Field Teams Cerritos College. 4:30-6:00 pm.
- June 10 — SOLA Shotgun Golf Tourney—Fundraiser



Club Song



SOLA Lions!

Lion Wayne Martin

1 I am one who be - longs to the great - est ser - vice club in all the

3 land SO - LA Li - ons!

6 Serv - ing all who be - long in the

8 great L. A. Spec - al O - lym - pics SO - LA

10 Li - ons! Serv - ing those who need our love, through the

12 sports we of - fer up, Mak - ing Cham - pions of them all! Who?

Harmonize!

S - O - L - A SO - LA Li - o ns! That's us!



Our SOLA Lions Club Meetings



Making important decisions about SOLA's future events - President Susie Ausdal keeps our meetings moving!



Our in-house promoter of District and local events - Lion David Williamson —a great salesman!

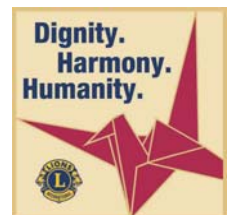


February & March Birthdays

2/15: Rosa Masterson 2/28: Joseph Nichols
 3/8: Jay Prestella 3/10: Alberto Perez 3/28: Gabriel Sanchez



Dr. Jitsuhiro Yamada International President, Minokamo, Gifu, Japan
 Larry Dicus..... Past Lions Clubs International Director
 Mary Rynearson California MD4 Council Chair
 Larry Wehage 4-L2 District Governor
 Manny Sanchez 4-L2 1st Vice District Governor
 Tessy Prumatico 4-L2 2nd Vice District Governor
 Lenora Perri..... 4-L2 Central Region Chair
 Chris Ohrmund..... 4-L2 Zone B Central Chair



SOLA LIONS CLUB OFFICERS 2015-2016

Susie Ausdal*President*
 Susan Sones *1st Vice President*
 Alberto Montes De Oca*2nd Vice President*
 Ursula Bell.....*Secretary*
 Carol Copley.....*Treasurer*

Stephen Nichols*Immediate Past President*
 Ruri "Peanuts" Pierre*Special Olympics Liaison*
 Marla Baker*Director*
 Linnea Pueschel*Director*
 Jeff Martin.....*Director*

SOLAMOTION

Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 6 , No. 5 January 20, 2016



**SOLA Lions
Welcome in
a New Year and
Look Forward to
Serving the Athletes of
Special Olympics**

President Susie's Message



Where did 2015 go? I closed my eyes one night and opened them the next morning and 2016 had arrived!

When I think back to our SELA Christmas Party with the athletes and their families, I feel a sense of pride, of accomplishment – as the gifts of giving, love and joy were in the house. It was a night I will remember for a long time.

I was again reminded of those gifts during our Christmas party. Our newest members, David and Jeannie, opened their home to us for the holiday celebration. Susan arranged a culinary feast fit for a king, while Steve kept us warm by keeping our glasses full with holiday cheer. Fellowship of love was felt as music and caroling hit an all-time high! Please accept the Lions and my heart felt gratitude Jeannie, David, Jeff and the Christmas committee for all your hard work; it truly paid off.

As 2016 starts our new year I ask that you think about these three words: Humanity, Dignity and Harmony. We share these gifts when we are serving the community. We live these words when they become part of our hearts.

Now in closing, I want to apologize to the membership for fining an individual during a meeting. Perhaps I should have used the word donate. Please understand that I meant no harm, as this was previously arranged as the "Spot Vision" was greatly needed by our athletes as well as the community. If I offended anyone, please take my apology to heart.

May 2016 be our year of giving to our athletes but also to our membership.

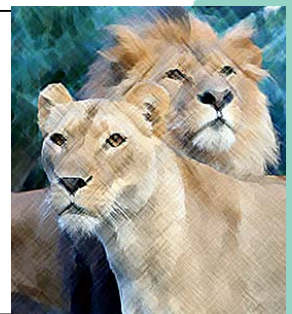
Lion President Susie



The Mission of the SOLA Lions Club is "to take an active interest and participate in the mission and vision of the Special Olympics, to help provide sports and training programs for any individual with intellectual disabilities and thereby improve their lives and the lives of everyone they touch." Our SOLA Lions Club was chartered in March 2009 and is the third Lions Club in the world formed to serve Special Olympics.

Our SOLA Lions Club meets the 1st and 3rd Wednesdays of the month at 5:30 p.m.

**Next Regular Meeting
January 20, 2016
Four Bricks Restaurant
6512 Greenleaf Avenue
Uptown Whittier**



SPECIAL OLYMPICS



December 8, 2015—Simms Park, Bellflower

SO SELA & SOLA Christmas Party 2015



SOLA Christmas Party 2015

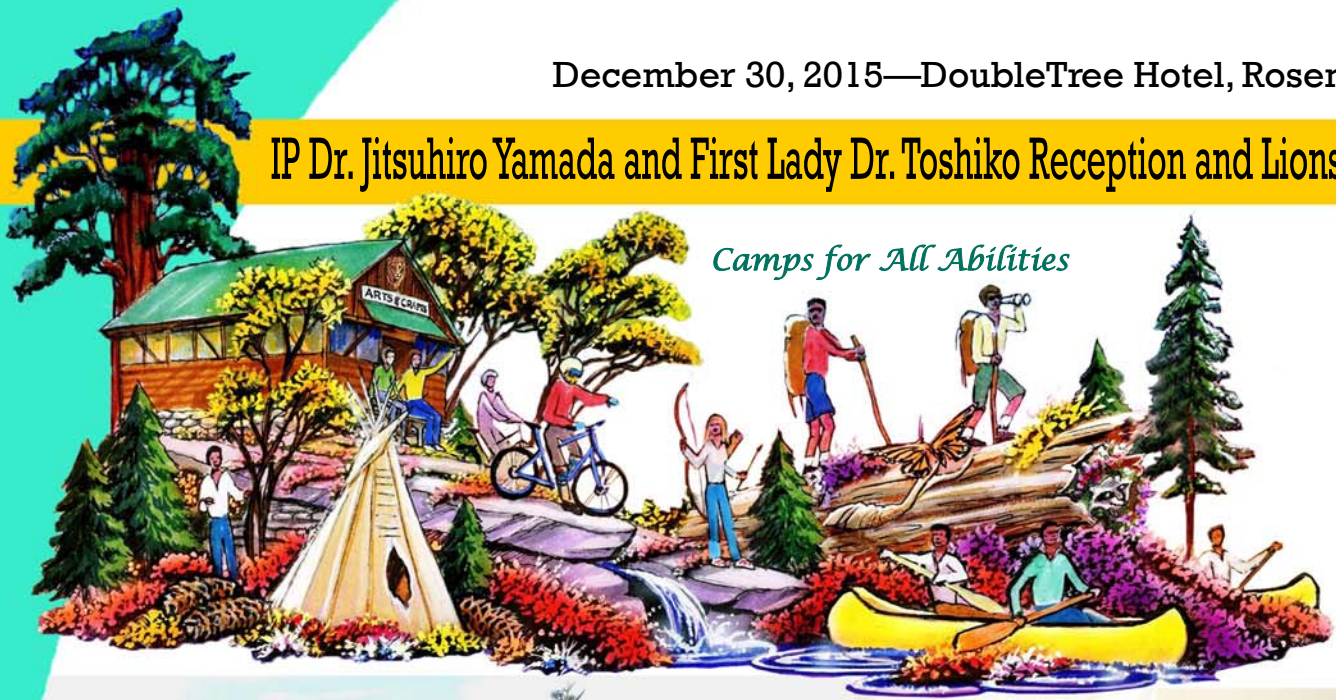


What a delightful evening filled with delicious food, wonderful fellowship and joyous Christmas Carol singing! A big THANK YOU to David and Jeannie Williamson for opening up their beautiful home for our GRAND FINALE to a great year serving Special Olympics Athletes in Southeast LA and Whittier areas and from Macau, China at the Host Town events and the World Games LA.



December 30, 2015—DoubleTree Hotel, Rosemead

IP Dr. Jitsuhiro Yamada and First Lady Dr. Toshiko Reception and Lions Float



Camps for All Abilities



International Lions Clubs President Reception hosted by Lions Float, Inc. and 4-L2 District Governor Team. Event MC'd by DG Larry Wehage and LFI President PDG Norm MacKenzie. Members of SOLA also pictured.



"We Run the City 5K"



On a crisp Sunday morning in November, two thousand men and women were dressed to perfection in their Bruin Blue and Trojan Red to raise money for Special Olympics at Exposition Park. We were all in Los Angeles for the 4th Annual "We Run the City 5K" as a kickoff to the annual rivalry football game between UCLA and USC. I had the privilege and honor to participate with "Team Whittier" under the leadership of SOLA Lions John and Jill Wall. Team Whittier featured local athletes: Sarah Noonan, Jared & Mom Joan Kozak, and Nick & Mom Carol Ybarra. I am excited to share that this event raised more than \$150,000 for Special Olympics of Southern California. Team Whittier contributed \$635.00 towards that remarkable tally, and we were personally encouraged by Bill Shumard, President of Special Olympics Southern California.

On behalf of "Team Whittier", we appreciate all of SOLA Lions Club's support. Personally, I look forward to returning to next year's walk/run in Westwood.
- Lion Jeff Martin

Save these Back-to-Back Dates!

SOLA-SELA Basketball Tournament

April 30

Whittier College



SOLA-SELA Aquatics Meet

May 7

Palm Park



**SOLA
Lions
Welcome
Jeannie
Williamson**



At our November 18th SOLA Lions Club regular meeting, District 4-L2 Governor Larry Wehage inducted Jeannie Williamson as a new Centennial Member of the SOLA Lions Club. Lion Susan Sones was awarded the special “Centennial Sponsor” certificate for sponsoring her. Lion Jeannie is the spouse of SOLA associate member Lion David Williamson. Jeannie has been active in several of our events already. Welcome to SOLA Jeannie!

— Guest Speaker for Our February 3rd Meeting —

Kelly Pond

Executive Vice President of Development and Communications
Special Olympics Southern California



January & February Birthdays

1/8: Dan Skewes 1/11: Drew Sones 1/13: Barbara Lesa 1/19: Sarah Wall
2/15: Rosa Masterson 2/18: Robin Guzman 2/28: Joseph Nichols



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