Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 6, No. 4
November 15, 2015







President Susie's Message

I hope everyone gets a change to read our SOLAMOTION this month. Wayne has captured the magic of Bill Shumard's visit. Bill visited SOLA on November 4th and shared a vision of the future, while thanking us for our commitment to the athletes and Special Olympics of Southern California.

Tail gate party anyone? Thank you David for providing warm coffee and donuts! Your thoughtfulness helped us start the day on a positive note.

Pictures - wow thank you to everyone who provided pictures of the bowling event. Wayne was committed to a church retreat and prior to leaving he requested for everyone to take pictures and forward them to him to use. Well, the membership came through and provided great pictures for him to choose from.

Jane Dicus wrote an article thanking individuals for their support over the past two years while Larry was a Lions International Director. She shared their interaction with athletes...please check it out as it's a great article.

Don't forget to read about our up and coming events.

I wish all of you a year of happiness and a joyous holiday!

Lion President Suzanne.





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Our SOLA Lions Club meets the 1st and 3rd Wednesdays of the month at 5:30 p.m.

Next Regular Meeting November 18, 2015 Four Bricks Restaurant 6512 Greenleaf Avenue Uptown Whittier





Southeast Los Angeles - Whittier Area Bowling Tournament





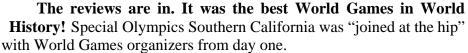
SPECIAL OLYMPICS

Photos taken by Lions Larry Lopez, Ursula Bell, David Williamson, Jill Wall, Ron Copley, and Alberto Montes De Oca



Bill Shumard Shares With Us on Nov. 4th

President and CEO of Special Olympics Southern California





Healthy Athletes served a record number of athletes, more than 5,000 athletes.

ESPN simply fell in love with our athletes.

Fan in the Stands: When we went to Athens in 2011, they were competing in this huge stadium with maybe 100 people, big deal. Patrick McClenahan said, "Smaller venues, purposefully recruit volunteers to come to boost and cheer." UCLA gymnastics was like a New York City night club. The line went down the block, all week. It was amazing.

The **Host Town program**, with transportation problems could have "went south." But the only people who were unaffected by all of that . .The athletes' attitude, "You know what I got to do last night? I got a Red Cross blanket and I got to sleep in the gym. How cool is that!" There is something we need to learn.

What does the World Games leave SOSC with? There is a **NEW NORMAL**. We have 200,000 new names in our database of which we are trying to engage. All 85 Host Towns are throwing celebration parties. Bill gets to go and thank them. "You know Bill, we have the best Host Town."

New sponsors and donors have come to the table. We have more opportunities coming from all of this . . . nothing short of incredible. We have an opportunity to do wonderful things for our athletes. But we have to handle negotiations very carefully, very sensitively, and with much integrity.

We put so much on hold for the World Games. When Bill took over 10 years ago, SOSC was serving 8,000 athletes, average age was 37. Today SOSC serves 20,000 athletes, average age is 19. We think we can reach 28,000 athletes by the end of next year. We're building the infrastructure to make that happen. I think we can meet that challenge. Now is the time we're looking at the sports we're offering, where we're doing them, what we're doing. We're examining the data. Should we replace this sport with that? Should we go from two seasons to three? We're looking at golf.

We also do sports in schools, our school partnership program. Getting into Unified Sports. We are the 7th State in America where now our athletes are starting to wear Letterman's Jackets on their high school campuses; that's acceptance, that's inclusion. The CIF folks were in our office yesterday with the State Department of Education and we're going to announce an official partnership. The other great horizon for us is College Campuses. UCLA is infiltrating Special Olympics into intramurals, club sports, and recreation. We need more volunteers and SOSC needs to give better training to volunteers.

Bill can't thank the SOLA Lions Club enough for the first rate Softball Tournament he saw last month in Pico Rivera.

Selected comments transcribed by Lion Wayne Martin







Our SOLA Lions Club will once again sponsor the annual Christmas Party for Southeast Los Angeles (SELA) Special Olympics athletes and guests. The Party will be at Simms Park in Bellflower, which is on Clark Ave. north of the 91 freeway, on Saturday, **December 5th**. Please refer to the flyer above for details.

Our Club has budgeted \$1,000 in support of this event with which we will provide a main course, decorations, and as many "Santa" gifts as are needed over and above what our Club members and others will gather so that we can assure presents for all athletes and kids present.

As in the past we are asking members of our club to donate one or more wrapped gifts for under the tree. These should be \$5-10 in value. It's easiest if they are not gender specific. Gift cards work well, or music CDs, etc. If you just can't resist that cute package of perfume, make up, etc. on sale at Target, be sure to clearly mark the package "Female."

We begin setup and decoration at 3:00 p.m. The party is from 5:00 to 9:00 but the athletes will begin arriving early. We can start cleanup before the dance starts, but the party always goes at least a little late so plan to be there until 10:00.

Because we have excellent help from Bellflower Key Club members and Bell Gardens Leos we don't need to sign up for specific crew shifts. We will be helping with setup, serving, gift distribution and cleanup. If you can only come for a few hours, that's ok. But please do come. This is one of our signature events and it is great to have ALL of our members there if we can.





DR. TIMOTHY SHRIVER

On October 21, SOLA Lions viewed the video of Special Olympics Chairman Dr. Timothy Shriver's Keynote Message to the 2015 Lions International Convention in Hawaii last summer.

"... Another person in my life, my Aunt Rosemary. She was born in the United States at a time when people like her had words attached to them ... idiot, imbecile, moron, mentally retarded, invalid. She was born in a time when people like her were shuttled off to institutions.

.... But nothing was told about Rosemary, the sister who's parents said, "Include her." To Joseph, to Pete Kennedy Jr.,, to John F. Kennedy, to Robert Kennedy, to my mother Eunice Kennedy, their mother and father told them, "You include your sister. If you're going out you take your sister. If you're playing a game, you put your sister on the team. If you're going sailing, you take Rosemary." Later at a party, Rosemary was sitting alone at the end of a pool when Jack Kennedy came and sat with her. They both needed each other in different ways.

..... "The greatest surprise is the greatest disguise. The person who is excluded, forgotten, is often the person who can best teach us how to see one another clearly. That person who is left out, in so many ways, is often the person who can best teach us how to belong.

..... "Can you imagine an expression more in line with the ideals of Lionism than the expression that that young president (John Kennedy) would utter, that would become his most famous words? "Ask not what your country can do for you but what you can do for your country." I ask you, where did he learn those words? Where did he learn the power of asking what you can do for others? And I submit to you, though I will never know, that he learned those words from his sister Rosemary."

..... "In the years following that knowledgeable address, the healing of the breach would open, and the people with intellectual disability who had so long been excluded would be seen in the United States and other countries as citizens.

This is just part of Timothy Shriver's inspiring address which can be seen on YouTube: https://youtu.be/zNJNfsIR6Bo



October 22's Tip-A-Cop donations collected by Whittier Police Officers at the Whittwood Mall's Red Robin Restaurant surpassed previous donations in past years. \$3,190.00 was collected to help our SELA Special Olympics Athletes! A BIG THANKS

to our Whittier Police Officers!





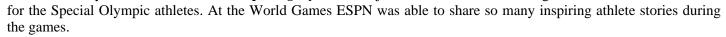
Worth Repeating!

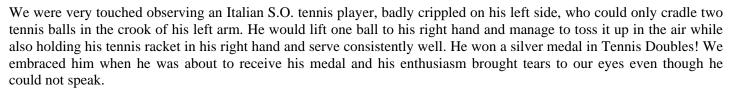
"Athletes from around the world paddled kayaks, spiked volleyballs and hit home runs at the 2015 Special Olympics World Games in Los Angeles this summer. Many returned home with more than medals and memories. They could see clearly for the first time in years after a screening and free eyeglasses. Or they could finally hear for the very first time after an exam and free hearing device. The Healthy Athletes program of Special Olympics screened nearly 80 percent of the 6,500 athletes. Lions helped staff the vision and hearing clinics at the University of Southern California. Many people with intellectual disabilities receive poor health care or no care, and Lions have partnered with Special Olympics for 15 years through the Opening Eyes program. The screenings at the Games led to magical moments that dwarfed in significance what happened in the pool or on the track. Six players on the Nigerian basketball team had never heard discernible sound, according to ESPN. They received hearing aids. When a 19-year old center turned on her hearing aid for the first time, she smiled, laughed and then signed, 'I hear sounds. I hear sounds."" Quoted from Nov 2015 Lion Magazine

Excerpted from "Message from Jane Dicus" to Lions of MD4

My sincere thank you to Lions of California for providing Larry and me the opportunity to represent MD4 on the Lions International board. The two years were an enriching experience full of unexpected opportunities. Each year International Directors can fly up to 40,000 miles and both years we were fully booked. The only downside was that we only attended one meeting in our same time zone, and we often flew out of LAX at 5 or 6 a.m. on Friday, returning late Sunday evening.

Special Olympics are becoming a bigger focus for Lions, and Larry loved representing Lions both last year in Princeton at the USA games and this summer at the Los Angeles World Games. Healthy Athletes, which Lions Opening Eyes is a major element, is a wonderful gift





During that same awards ceremony, we met *Simon Ammann*, a Swiss Ski-Jump Winter Olympian who has won four gold medals, including two Gold ski-jump gold medals during the Salt Lake Olympic games. Simon was waiting to present a bronze medal to a fellow Swiss Special Olympian for tennis. We asked if he knew *Roger Federer*, my favorite tennis player, and he confirmed that he knows Roger, and joked that he and Roger agreed that they could not excel in each other's sport. Roger is afraid of heights and Simon's eyes can't move fast enough to follow the tennis ball!

This experience has enabled us to expand our friendships with Lions from all around the world and for this we are truly grateful.

Warm regards, Jane Dicus





Dates to Remember!



Nov. 14-15, 2015 Saturday & Sunday

Attend the SOSC Fall Games



Fall Games will take place in Fountain Valley, Huntington Beach and Irvine, with 1,100 athletes and 300 coaches. Athletes throughout Southern California will be competing in Softball, Bowling, Floor Hockey, Volleyball, Soccer and Tennis.

Activities in addition to the competition will be: Healthy Athletes providing Flat Feet, Fun Fitness, Health Promotion, Healthy Hearing, Opening Eyes and Special Smiles. There will be a dance and dinner provided for all the athletes and coaches with a "Wear Your Favorite Professional Sports Team Shirt" theme.

Come see our bowlers bowling at Irvine Bowl on both days.

- Lion Ruri Pierre

Bowling

Irvine Lanes 3415 Michelson Dr, Irvine 92612

Soccer, Softball, Tennis, and Volleyball

Fountain Valley Recreation Center and Sports Park 16400 Brookhurst St, Fountain Valley 92708

Floor Hockey

The RINKS - Huntington Beach Inline 5555 West McFadden Ave, Huntington Beach 92649

Admission and parking is free! Don't forget your hat and sunscreen! Snack shops will be available by the soccer and softball venues.

Dec. 5 SELA Christmas Party for Spec Olym Athletes & families

Dec. 16 (tentative) SOLA Family Christmas Party



November and December Birthdays

11/10: Marla Baker, Scott Barron 11/11: Linda Crowley 11/13: Susan Sones 11/21: Bob Warnock 12/24: Cristina Guzman



Dr. Jitsuhiro Yamada	International President, Minokamo, Gifu, Japan
Larry Dicus	Past Lions Clubs International Director
Mary Rynearson	
Larry Wehage	4-L2 District Governor
Manny Sanchez	4-L2 1st Vice District Governor
Tessy Prumatico	4-L2 2nd Vice District Governor
Lenora Perri	4-L2 Central Region Chair
Chris Ohrmund	4-L2 Zone B Central Chair



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Susan Sones	1st Vice President
Alberto Montes De Oca.	2nd Vice President
Ursula Bell	Secretary
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Marla Baker	Director
Linnea Pueschel	Director
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Volume 6, No. 3
October 15, 2015







SOLA Sponsors Bowling Tournament for Special Olympics Athletes on Oct. 17 at the Del Rio Lanes in Downey

President Susie's Message



I will always remember Saturday, September 19, 2015 as a milestone for SOLA Lions. We were blessed with 11 softball teams and their coaches. They had arrived at Pico Rivera's Rio Vista Park and as they were exiting from their buses you could hear them laughing and giggling among themselves. Over 22 SOLA Lion volunteers and volunteers from Cal Hi's Men's League, the Bell Garden Leo's and El Rancho's Dons For Christ were on hand to greet our Special Olympics athletes. I was

thrilled that day when a coach from Central Riverside sang our praises regarding the pictures for the athletes and the awards as well as the balanced lunches that were given to the teams and coaches. It was a first for them! Thank you SOLA Lions for your desires to give from your heart and your undying support for our athletes. If I might steal a line quoted by Jeff Martin, "Never let the fear of striking out keep you from the game."



I hope to see you in the lanes at the Del Rio Bowling tournament this Saturday, October 17, 2015.

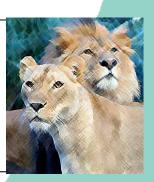
Lion President Susie Ausdal



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Our SOLA Lions Club meets the 1st and 3rd Wednesdays of the month at 5:30 p.m.

Next Regular Meeting
October 21, 2015
Sage Restaurant
6511 Greenleaf Avenue
Whittier







SPECIAL OLYMPICS



"I would like to express Central Riverside Special Olympics thanks for supporting the Special Olympics. The softball this last weekend was terrific. The hospitality shown by the Lions Club was spectacular and the thoughtfulness you showed by providing team pictures for each athlete was over the top. Again, thank you!" - Teddie Glover, Central Riverside Sports Coordinator





Southeast Los Angeles (SELA) - Whittier

Area Bowling Tournament

This tournament is made possible by a partnership between Special Olympics Southern California, SOLA Lions Club, and the City of Whittier.

Saturday, October 17, 2015

Del Rio Lanes 7502 Florence Ave, Downey, CA 90240

Special Olympics athletes from Southeast Los Angeles and surrounding areas will compete in Bowling at the 2015 Southeast Los Angeles - Whittier Area Bowling Tournament.



9:45am | Volunteer Check-In & Setup 10:15am | Delegation Check-In 10:45am | Opening Ceremony 11:00am | Competition Begins

After 3rd Game | Lunch (*Provided for registered athletes & volunteers*)

1:30pm | Closing

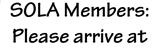
*Times are general and subject to change

ALLOTMENT: Open to invited SELA Athletes Only

DELEGATION REGISTRATION DEADLINE: Friday, October 2nd, 2015

FOR MORE INFORMATION CONTACT:

Games & Volunteers: Ruri Pierre | rpierre@cityofwhittier.org | 562-567-9471 Delegation Registration: Rachel Pittock | rpittock@sosc.org | 562-502-1123



8:30 am

to help set up. Thanks, Lion Ruri

All Fellow Lions in District 4-L2

On behalf of SOLA Lions Club (Special Olympics Los Angeles Lions Club of Whittier), you are invited to participate at our next Special Olympics Area Bowling Tournament as a volunteer or as a fan in the stands (cheering). Let's keep the Special Olympics spirit alive here in LA after the exciting LA World Games in July. This is a great opportunity for all Lions to get involved and catch the Special Olympics spirit that promotes inclusiveness and acceptance of all persons with Intellectual Disabilities. Hope to see you on Saturday October 17, 2015.

Place: Del Rio Lanes Time: 9:00am - 1:30pm

7502 Florence Ave, Sincerely,

Downey, CA 90240 PDG Alberto Montes De Oca





All members, please turn in your volunteer hours to Lion Ursula

Dates to Remember!

Oct. 17	SOLA Bowling Tournament	Rio Lanes, Downey
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Oct. 22 Tip-A-Cop Red Robin Restaurant, Whittwood Mall

Oct. 31 District 4-L2 Meeting #2 PIH, Whittier, 8am-12pm

Nov. 14-15 2015 SOSC Fall Games Fountain Valley, Irvine

Dec. 5 SELA Christmas Party for Spec Olym Athletes & families

Simm's Park, Bellflower

Have you become a Class A Certified Volunteer Yet with Special Olympics Southern California?

Lion Ruri, our Special Olympics Liaison, requests all SOLA members to take an hour this week and complete the Class A Volunteer Application online. SOLA Secretary Ursula has emailed the pdf "SELA Whittier On-line Class A Application (18 & over)" instruction packet to all our members explaining the easy steps required to complete the certification. Once completed and certified, it will be valid for three years. If you did not receive this document, please respond to this email and I will be happy to send it to you.

Our Special Olympics Athletes deserve all the protection and training this certification promotes.

October and November Birthdays

10/6: Moises Flores 10/15: Theresa Rivas 10/20: Andrea Bodnar 10/26: Larry Dicus 10/31: Jill Wall 11/10: Marla Baker, Scott Barron 11/11: Linda Crowley 11/13: Susan Sones 11/16: Robert Ornelas 11/21: Bob Warnock 11/24: Hilda Ortega



Dr. Jitsuhiro Yamada Intern	national President, Minokamo, Gifu, Japan
Larry Dicus	Past Lions Clubs International Director
Mary Rynearson	
Larry Wehage	4-L2 District Governor
Manny Sanchez	4-L2 1st Vice District Governor
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Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 6, No. 2 September 15, 2015





SOLA Begins its 7th Season Serving Special Olympics Athletes this Month













President Susie's Message



Today is a new dawn. We are being asked to step up and change the world's vision of an intellectually challenged individual. You ask me how can we accomplish this? I would like to challenge you to think back to that very first time you met an "Intellectually challenged" individual. Relive that power of amazement. Our job is a piece of cake compared to our special athletes. Ask yourself what can I do to help and do it. We need everyone of our membership to step up to the plate. We need you, your neighbors and your friends.

Our job is to serve. Remember that feeling of satisfaction that serving brings to your soul at the end of the day.

September 19th, at Rio Vista Park, SELA softball teams will be there to play ball. Come have some fun and feed your soul with overwhelming love for another human life.

Humbly, Lion President Susie



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Next Regular Meeting September 16, 2015 Sage Restaurant 6511 Greenleaf Avenue Whittier





created by Lion Wayne Martin



A jovial evening of dinner and fellowship reflecting on SOLA's six years serving Special Olympics Athletes. Whittier Elks Lodge - August 19, 2015



The "Lion of the Year" awards were presented by SOLA's Immediate Past President Steve Nichols to PID Larry Dicus, PDG Alberto Montes De Oca, Drew Sones, Wayne Martin, and Ron Copley (not pictured) for "being Global Ambassadors for SOLA and leading the movement for recognition and inclusion of all individuals with intellectual disabilities."

President Susie Ausdal's Challenge

"I am asking you to start a new sport, to support

and sponsor a new Special Olympics Club. I am asking you to grow the Club with new members, to spread the joy of Lionism. But most of all, I am asking you to believe and stand up for our athletes, the reason we were formed six years ago."



Drew Beverly Marla Dottie Larry Dan Jeff Kaycy Susie Joe



Our 7th Season Starts with Softball



Southeast Los Angeles (SELA) - Whittier Area Softball Tournament

This tournament is made possible by a partnership between Special Olympics Southern California, SOLA Lions Club, and the City of Whittier.

Saturday, September 19, 2015

Rio Vista Park 8751 Coffman & Pico Road Pico Rivera, CA 90660

Special Olympics athletes from Southeast Los Angeles and surrounding areas will compete in Softball at the 2015 SELA Area Softball Tournament.



7:30am | Volunteer Check-In & Set-up

8:30am | Delegation Check-In

9:30am | Opening Ceremony

10:00am | Competition Begins

11:30pm - 12:30pm | Lunch (*Provided for registered athletes & volunteers only*)

3:00pm | Closing

*Times are general and subject to change

TEAMS/LEVELS OFFERED: (4) B Level, (4) C+ Level, (4) C Level, (4) C- Level
DELEGATION REGISTRATION DEADLINE: Friday, September 4th, 2015



Games & Volunteer Info: Ruri Pierre | rpierre@cityofwhittier.org | 562-567-9471

Delegation Registration Info: Rachel Pittock | rpittock@sosc.org | 562-502-1123





With 12 teams competing, we'll need all "hands on deck!" for set up at 6:30am! We have 4 fields to man! Invite a friend to help!





Pictured is some of the SOLA team and Bell Garden H.S. Leos getting the dorm rooms ready at Biola University. Can't go a month without remembering the fun we had hosting the Macau, China Athletes before the WORLD GAMES!

Dates to Remember!

Sept. 19 SELA-Whittier Softball Tournament

Oct. 17 SOLA Bowling Tournament—Rio Lanes, Downey

Nov. 14-15 2015 SOSC Fall Games Fountain Valley, Irvine, Huntington Beach

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Our Special Olympics Athletes deserve all the protection and training this certification promotes.



Southern California Lions Receive Special Recognition



This is a photograph with Dr. Susan Danberg, Special Olympics International Opening Eyes Clinical Director. Dr. Danberg presented SOLA and Lions Clubs in Southern California "Special Olympics Healthy Athletes Appreciation" plaques for Lions clubs significant volunteer roles in supporting the Healthy Athletes / Opening Eyes / and Healthy Hearing pavilions at the Los Angeles World Games. These awards were presented to us at the Healthy Athlete Essilor open house / reception at Marshall B. Ketchum University in Fullerton on August 1. Again, this was recognition for the outstanding support Lions provided Special Olympics Healthy Athlete program during the games. On behalf of all members of SOLA, Carol and Ron Copley, Sharon and Alberto Montes De Oca, and Jane and Larry Dicus accepted the plaques.





In grateful recognition of his generous contribution to the Lions Clubs International Foundation, Lion Ron Copley was elected to the Foundation Honor Roll by order of the LCIF's Board of Trustees. Past SOLA President Steve Nichols presented Ron with the above pictured certificate at our September 2 SOLA Lions Club meeting. Congratulations Lion Ron!







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LIONS RESOURCES -

PROJECTS -

LIONS STORIES -

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NEWS & EVENTS -

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Charter a "Champions" Lions Club

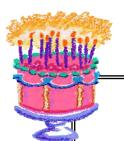
Posted by Bonsclubsorg on Tuesday, November 15, 2014 : o Comments



Do you want to help empower and build an accepting community for people with intellectual disabilities? Get involved by chartering a "Champions" Lions Club! "Champions" Lions Clubs focus on projects that serve Special Olympics athletes. Many Lions clubs are involved in this initiative to support these athletes.

Take for example the Whittier Special Olympics SOLA Lions Club. Over 50 members of the Club have had the opportunity to empower persons with intellectual disabilities, show the world the skills and talents of a group often overlooked in today's society and work with a great organization. The club's activities include providing sporting events, equipment and uniforms to athletes along with providing volunteers and hearing tests at the fall and summer games each year. The SOLA Lions Club continues to make a positive impact on the Special Olympics movement in Southern California.





September and October Birthdays

9/17: Cecilia Morales 9/19: Carol Copley 9/21: Harry Brown 10/6: Moises Flores 10/15: Theresa Rivas 10/20: Andrea Bodnar 10/26: Larry Dicus 10/31: Jill Wall



Dr. Jitsuhiro Yamada International President, Minokamo, Gifu, Japan Larry Dicus Past Lions Clubs International Director Mary Rynearson California MD4 Council Chair Larry Wehage 4-L2 District Governor Manny Sanchez 4-L2 1st Vice District Governor Tessy Prumatico 4-L2 2nd Vice District Governor Lenora Perri 4-L2 Central Region Chair 4-L2 Zone B Central Chair



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Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier

Volume 6, No. 1 Special July-August 2015 Edition









My Fellow Lions,

President's Message

What a perfect way to end a terrific year! "The World" came to LA and it was fabulous!! A big thank you to all who were able to participate and be a part of this amazing moment in history. Athlete's came from around the world and they were fearless, loving and an inspiration to all. Many of our SOLA members volunteered in the Healthy Athlete's Venue and helped athlete's with vision and hearing needs. You folks were amazing!

The City of Whittier and Host Town Committee are to be congratulated for stepping up big time regarding our visiting Macau athlete's. What a wonderful job by all; you made these young people from China so happy to be in the USA. The athlete's were housed at Biola University for the week prior to opening ceremonies in Los Angeles. Lion's Ruri "Peanuts" Pierre and Ron Copley are to be commended for their leadership and direction during the busy week of activities in La Mirada and Whittier. There were some challenging logistical moments, but we made it through and Ruri, you really were amazing. You are a terrific example for us all.

One of the highlights of our week was the meet and greet with David Evangelista, Vice President of Global Development and Government Relations of Special Olympics International, who is also a Lion! What a great guy, humble, gracious, inspiring and he shared wonderful family stories that touched all of us. His journey and that of his father, Steve Evangelista, were really a joy to hear about. David was also kind enough to thank the SOLA Lions Club for all that we've accomplished and the example we have set. He also suggested that each of us "Be the best at who we are."

This, being my final message, I am mindful of how fortunate and blessed to have served as your President. I thank each of you for your support, work ethic and conviction; you have touched the lives of so many. We have been at this since 2009 and we have not wavered in our support of athletes with intellectual disabilities. It's been an honor to serve as your President. You have made me very proud and I thank you!

Before signing off one last time, I offer up my heartfelt thanks to our dear friends Bill Shumard, Eloise Crawford and Laura Seckel of Special Olympics, Southern California. You have given us so much support, guidance and direction and we owe our success to each of you. Thank you for being a part of our family and putting up with us!

Our coming year promises to be busy and better than ever under the direction of our new President, Susie Ausdal. She's been here since the beginning and will be a great leader.

God bless!

All my best,

Lion President Steve



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Next Meeting See you at SOLA's Celebraton on Aug. 19 6:00 PM Whittier Elks Lodge



SOLA is known throughout the world!

July 23, 2015

David Evangelista Visits SOLA Lions Club

Vice President of Global Development and Government Relations at Special Olympics International



SPECIAL OLYMPICS

David says thank you for everything we do!

"What will we do on August 3rd?" A very powerful and honest statement on how America sees Special Olympic Athletes throughout the rest of the year. During the World Games, you will see intellectually challenged athletes being highlighted in TV commercials for the games prior to Saturday July 25, and throughout until the Closing Ceremonies on August 2nd? Then, most likely, you may never see a

Develop relationships with people. All the athletes were already winners because of what they are accomplishing in their lives today.

NIKE or any commercial show these

exceptional human beings as Cham-

pions after the games?

SOLA is now positioned to lead a movement that can change attitudes world wide...

....what was said to the mother when her child was first born. "Your child will never walk, never talk, never fit in...." By volunteering you're not only helping the child, you are helping the mother. You are validating all the love, work, patience she and her family have given to her child.

You are not ready to volunteer until you are a whole person. Lions are. Volunteer in your areas of strength – let others chose theirs.

A great challenge to our group to not only continue what we offer—Aquatics Basketball, Softball—but to assist in encouraging more Lions Clubs to join with Special Olympics in the future.

It's OK to be different and we have to change society's perception of intellectually disabled people.

We were very impressed with David's enthusiasm for his love for the Special Olympics Athletes. He is also a very energetic young man and he is very good for the future of Special Olympics all over the world. His enthusiasm of having Lions Clubs International being more involved. It was also great to see that he has been a Lion member for fifteen years.





SECIAL OLYMPICS

SOLA Lions Deeply Involved with Host Town Events

was coming to
Los Angeles, and
SOLA was eager to
be involved. It began in July of 2014,
when our club leaders
initiated the request for
the City of Whittier to
become a "Host Town."
To our delight, Whittier
was awarded the title of
"Host Town" to the athletes
of Macau, China.

Under the direction of Ruri "Peanuts" Pierre and Ron Copley, SOLA welcomed the phenomenal athletes of Macau, China, to Biola University on Tuesday, July 21st, 2015. After making beds, assisting the team with finding dorm assignments and carrying luggage, SOLA members participated in other week's events by leading the parade of athletes towards a ceremony at City Hall, manning the various "Fun-Fest" stations, shopping together in Uptown Whittier, and concluding on Friday afternoon, with loading our new friends and their luggage onto the buses for USC and the World Games.

One of the highlights of the week was Lion Linnea's gift of a Los Angeles of Anaheim Angel's Baseball Cap to each Macau athlete. Personally, I was truly impressed by the overwhelming "manpower" displayed by our SOLA Lions during the Host Town week. Again, proudly we fulfilled our mission by "taking an active interest and participated in the mission and vision of the Special Olympics." Great Job SOLA Lions!





SOLA Members Present Awards to Winning Athletes





SOLA Lions Club Installation of New Officers







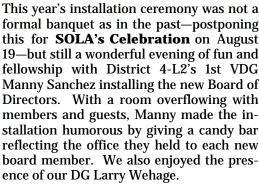












Lion Ron Copley gave a great summary of the World Games and Host Town events

formal banquet as in the past—postponing this for SOLA's Celebration on August 19—but still a wonderful evening of fun and Manny Sanchez installing the new Board of Directors. With a room overflowing with

DirectorJeff Martin many SOLA members participated in during the past two weeks. Ron then presented two

SOLA Lions Club Board of Directors

2015-2016

PresidentSusie Ausdal

1st Vice President.....Susan Sones

2nd Vice President ... Alberto Montes De Oca

Immediate Past President Stephen Nichols

Secretary Ursula Bell

Treasurer......Carol Copley

Special Olympics LiaisonRuri Pierre

Director Linnea Pueschel

Director Marla Baker

special items to the Club: a beautiful plaque given to SOLA by Special Olympics International thanking us for supporting the Healthy Athletes venue at the World Games and a book — he

purchased to be passed on from Club President to Club President-by Timothy Schriver, Fully Alive: Discovering What Matters Most, an unusual and gripping memoir.













Save the Dates: SOLA Sponsored Tournaments Starting Next Month

September 19 Softball Tournament Rio Vista Park, Pico Rivera

October 17 Bowling Tournament Del Rio Lanes, Downey





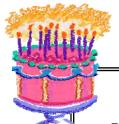
Join us for a jovial evening of celebration and fellowship as SOLA Lions relax over dinner, drinks, and program honoring and reflecting over the history of SOLA and our busy years serving Special Olympics Athletes!

> Wednesday, August 19, 2015 5:30 — 9:00 pm Whittier Elks Lodge 13620 Whittier Blvd., Whittier

> > \$30 per person

Dinner Entrée ChoicesBraised Beef or White Fish

Dress: Business Casual. Please RSVP with entrée choice by August 10th to Susie at (562) 480-0096 or reply to this email at waynestrains@gmail.com



July and August Birthdays

7/2: Linnea Pueschel, Louis Lawence 7/9: Alberto Montes De Oca 7/13: Sergio Ortega 7/20: Roddy Hiatt 7/22 Ruri Pierre, Mark Elias 8/5: Larry Lopez



Dr. Jitsuhiro Yamada	International President, Minokamo, Gifu, Japan
Larry Dicus	Past Lions Clubs International Director
Larry Wehage	4-L2 District Governor
Manny Sanchez	4-L2 1st Vice District Governor
Tessy Prumatico	4-L2 2nd Vice District Governor
• • • • • • • • • • • • • • • • • • • •	4-L2 Central Region Chair
Lenora Perri	4-L2 Zone B Central Chair



SOLA LIONS CLUB OFFICERS 2015-2016

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Susan Sones	1st Vice President
Alberto Montes De Oca	2nd Vice President
Ursula Bell	Secretary
Carol Copley	

Stephen Nichols	Immediate Past President
Ruri "Peanuts" Pierre	
Marla Baker	Director
Linnea Pueschel	Director
Jeff Martin	Director

Monthly Newsletter of the Special Olympics Los Angeles Lions Club of Whittier





SOLA Lions Club honored by Lions Clubs International with feature article in June edition of the **Lion** Magazine!

Special



President's Message Lion Steve Nichols



My Fellow Lions,

Well, we did it folks! It's been "crunch time" for the past several weeks and we got it done. I couldn't be more proud of our club! Allow me to send along my sincere thanks to all of you for the following:

May 29

CIF- SS Masters Meet Exhibition of Special Olympics Athletes - This event was held at Cerritos College. Our own SOLA Lion Dean Crowley (CIF Commissioner from the good old days) decided it was time to "show case" our athletes at this major track meet. This was done 30 years ago and Dean felt it was time to do it again. I couldn't agree more! What a wonderful experience for our athletes from Whittier and Norwalk. They ran the 100 yard dash in front of a huge crowd that loved them. They were cheered non-stop and it was a very emotional moment. The athletes received medals. Pictures were taken and they were so happy to be able to participate. Thanks to all of our Lions who made it to the meet and especially Lion's Dean Crowley, Ruri Pierre and coaches John and Jill Wall for making this happen.

June 8

Special Olympics Torch Run with numerous athletes and officers from the Whittier PD - This was a 7 am event that started in East Whittier and ended at the top of Colima Road with the torch being handed off to deputies from Industry Station. This was another one of those wonderful moments we will never forget.

(Continue page 4)



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Our SOLA Lions Club meets the 1st and 3rd Wednesdays of the month at 5:30 p.m.

> **Next Regular Meeting** July 1, 2015 **Sage Restaurant** 6511 Greenleaf Avenue Whittier





Dear Lion Ron and the SOLA Lions Club:

On behalf of our entire team, I wanted to congratulate you on what is a most significant spread in the recent THE LION magazine. The article captures in every way the tremendous leadership, support and innovation that both Lions Clubs International and Special Olympics have seen from the SOLA Club and the Lions of Southern California.

We as a Movement are indebted to you, ID Larry, and the SOSC leadership (thanks Bill and Eloise!) for putting this innovation into visible/tangible practice that have benefitted so many, and will continue to benefit countless more.

My next steps include launching this article out to our entire Movement, through a global newsletter, and I also wish to speak to the leadership of our USA Programs so that all leaders can see this- and work together with their Lions Clubs state leadership counterparts to replicate. I hope it is OK that I copy in our colleague Mrs. Rebecca Daou, Executive Administrator of the Lions Clubs International Foundation.

On a very personal note, I cannot say enough how proud I am of the global partnership, and the local partnership, in making this type of impact for our athletes and Lions members alike. You have my unwavering support and admiration, as a Lion, and as a friend.

THANK YOU so much, and as always, look forward to hearing from you.

Best,

David S. Evangelista

Vice President, Global Development and Government Relations

Special Olympics

C/ Fotografo Angel Llanos, 3-9D 36209 Vigo SPAIN

Tel: +34.986.124.401

Skype: david.stephen.evangelista

Email: <u>DEvangelista@specialolympics.org</u>

www.SpecialOlympics.org

One can download a copy of "Let the Games Begin" from the LION Magazine by logging on to the SOLA Lions Club's website: www.solalionsclub.org

SOLA wishes to thank Lion Jay Copp, Sr. Editor for the **LION** Magazine for highlighting the work and mission of our success with Special Olympics Athletes in the June 2015 edition, pages 38-42.

SOLA also wishes to thank free-lance author Katya Cengel for writing such an excellent article expressing the relationship and joy we have in serving the Southeast Los Angles Special Olympics Athletes. Thanks you!









A Visit with Lions International Director Larry Dicus





Lions Clubs International Director Larry Dicus honored the SOLA Lions Club with a much anticipated visit, and an update of developments which are of special interest to our club. Larry spoke about "Opening Eyes," collaboration between LCI and Special Olympics. It's goal is to provide free eye assessment to all athletes with intellectual disabilities. To date 10,000 volunteer vision care professions have completed the Global Vision training. The training puts special emphasis on proper eye care and vision care.

Larry also shared the progress made in "Unified Sports." This initiative, which is already being implemented in several areas, including here locally, brings people with and without intellectual disabilities together through service, play and sports. Usually one athlete without intellectual disabilities is paired up with two or three Special Olympics athletes in various sports and work projects. They work on the task, or compete, as a team. Currently there are 7,000 Leo's all over the world. 4,000 of them are in California and actively involved in Lion services including competing and sharing tasks with Special Olympics athletes; some of them right here in our SOLA Lions Club of Whittier.

Larry highly recommends reading Tim Shriver's book Fully Alive.

Thank you Larry for this heartfelt and encouraging update! We appreciate your caring and dedication to the cause.

Submitted by Lion Ursula Bell

President's Message (Continued from page 1)

June 12

SOLA Shotgun Golf Tournament - What a great day this was and it was a huge success. This was our first attempt at this and we were a little nervous to say the least! My congratulations and thanks to Lion Susie Ausdal and her committee for making this a wonderful fund raiser. It's a shining example of great planning, determination and hard work. It really made the difference. A special thanks to my old friend Roddy Hiatt, one of our newest Lions, for his guidance and encouragement which was a key to our success.

June 13 & 14

Summer Games - Cal State Long Beach - What an amazing outpouring of love and support for Special Olympics Athletes. Once again, President & CEO Bill Shumard did an terrific job. These truly are moments that enrich and empower the lives of so many. We are certainly blessed and fortunate to be a part of this wonderful movement in life.

So there you have it folks! My thanks again to all of you for your commitment and dedication. Take a little time to catch your breath because as we all know that next month "The World Is Coming" and we'll be ready! Always remember that there are many acts of bravery. Finding the strength to stand up and help another is what we should all be striving for.

All my best, Lion President Steve



Special Olympics at the CIF Masters Meet



On Friday afternoon, May 29, 2015, a group of Lions from Special Olympic Los Angeles Lions Club met in parking lot C-10 at Cerritos College, ready and eager to witness High School Track and Field history. For the first time at the California Interscholastic Federation Track and Field Masters Meet, fourteen Special Olympic Athletes, from the Whittier and Norwalk area, were invited to participate in the 100 meter dash as an exhibition race prior to the main competition. Before the meet, a SOLA Lion member was paired up with an athlete, and at the end of their races, we had the honor of presenting each participant a beautiful medal of achievement.

One of the moments that I will never forget, is when all of us (SOLA Lions Club members and Special Olympic Athletes) were returning to the initial meeting place, various CIF athletes from the high schools were applauding the Special Olympic men and women for their accomplishment. It was a fantastic experience, and another special moment in our Club's existence.

Special thanks to Lion Coaches John and Jill Wall, and former CIF Commissioner Lion Dean Crowley for their leadership, planning, and dedication to this awesome event. Looking forward to the 2016 Masters Meet!

Submitted by Lion Jeff Martin





SPECIAL OLYMPICS



Mike Roy, a retired Lt. of the Whittier Police Department, carries the Southern California Special Olympics torch while holding Sarah Noonan's hand as Whittier Police head west on Whittier Boulevard with Special Olympic athletes during their annual torch run. Whittier police and the athletes passed the torch to deputies from Los Angeles County Sheriff's Industry Station. The Southern California Special Olympics is held at Cal State Long Beach June 13 and 14. The 2015 Special Olympics is held next month in Los Angeles. (Above photo and write-up by Sarah Reingewirtz/Pasadena Star-News)



Save the Date!

4th of July Party at the Copley's



June 13-14 Cal State University, Long Beach

2015 Summer Games









The Games featured our six summer sports — aquatics, athletics (track & field), basketball, bocce, golf, and gymnastics. Summer Games is the largest competition of the year and the first of two Southern California competitions held every year.





SOLA Lions witnessed the awarding of Dr. Judy Montgomery, professor of Communication Sciences & Disorders at Chapman University, the 2014-15 Michael W. Harahan Outstanding Adult Volunteer Award for her many hears of leadership with Hearing Screening in Special Olympics Healty Athletes Hearing venue.



Our next issue will feature Special Olympics World Games in Los Angeles!



6/3: Brenda Brown 6/16: Susie Mills 6/19: Ursula Bell 6/24: John Wall 6/26: Ron Copley 7/2: Linnea Pueschel, Louis Lawrence 7/3: Marvin Byrne 7/3: Maurice Byrne 7/9: Alberto Montes De Oca 7/13: Sergio Ortega 7/20: Roddy Hiatt 7/22: Mark Elias, Ruri Pierre



Joe Preston	International President, Dewey, Arizona
Larry Dicus	Lions Clubs International Director
	California MD4 Council Chair
Alberto Montes De Oca	4-L2 District Governor
Larry Wehage	4-L2 1st Vice District Governor
Manny Sanchez	4-L2 2nd Vice District Governor
Joe Corey	4-L2 Central Region Chair
Richard Giors	4-L2 Zone B Central Chair



SOLA LIONS CLUB OFFICERS 2014-2015 Monthly Newsletter of the Special Olympics Los Angeles Lions Club of Whittier Volume 5, No. 12 May 20, 2015





SOLA Lions Club Receives California Multiple District 4's "Club of the Year—Runner-Up" Award out of 721 Lions Clubs!



President's Message

My Fellow Lions,

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Well, "crunch time" has arrived folks! We are less than a month away from our first golf tournament and it's gonna be a great fund raiser. Please think about who you know that golfs and let's be sure to invite them to our event. This Wednesday is our next meeting and we need to bring our raffle items and tickets we have purchased. Remember, we will have a drawing at that time to select winners that will golf for free. Let's all focus on making this tournament a great success.

Please remember: "People rarely succeed unless they find joy in what they are doing." We are blessed to be in a position to help others. Let's do our best to always make that happen.

All My Best,

Lion Prez Steve

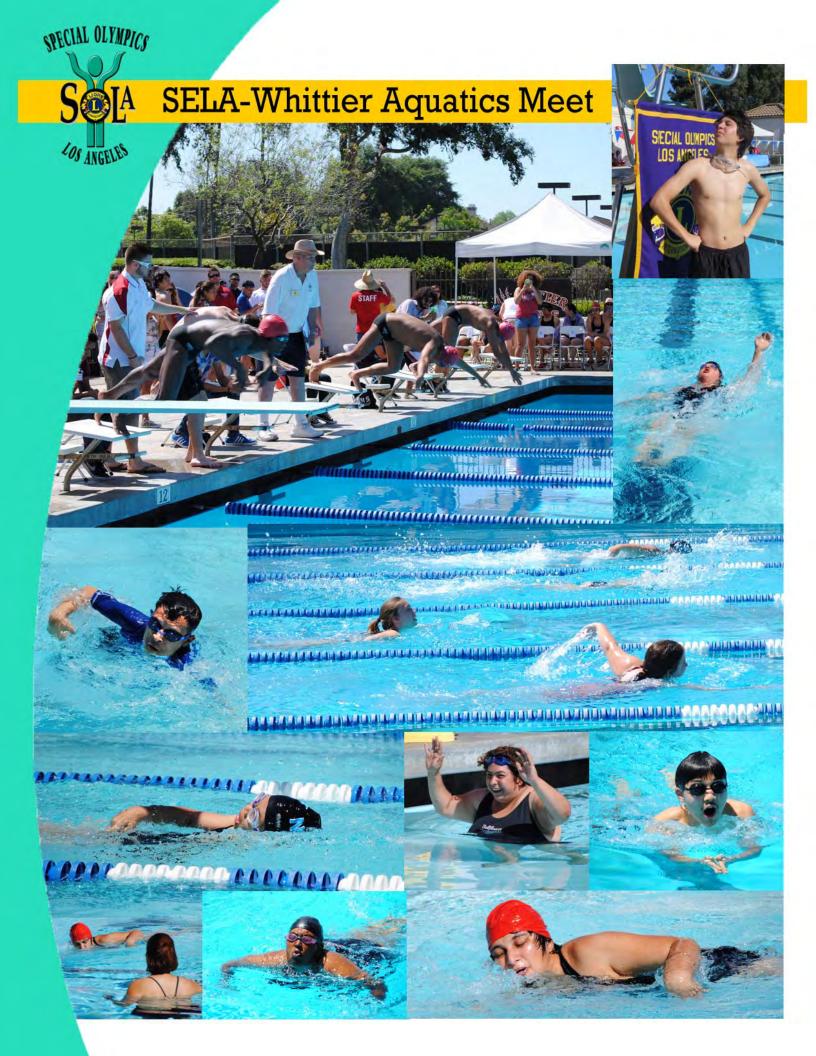


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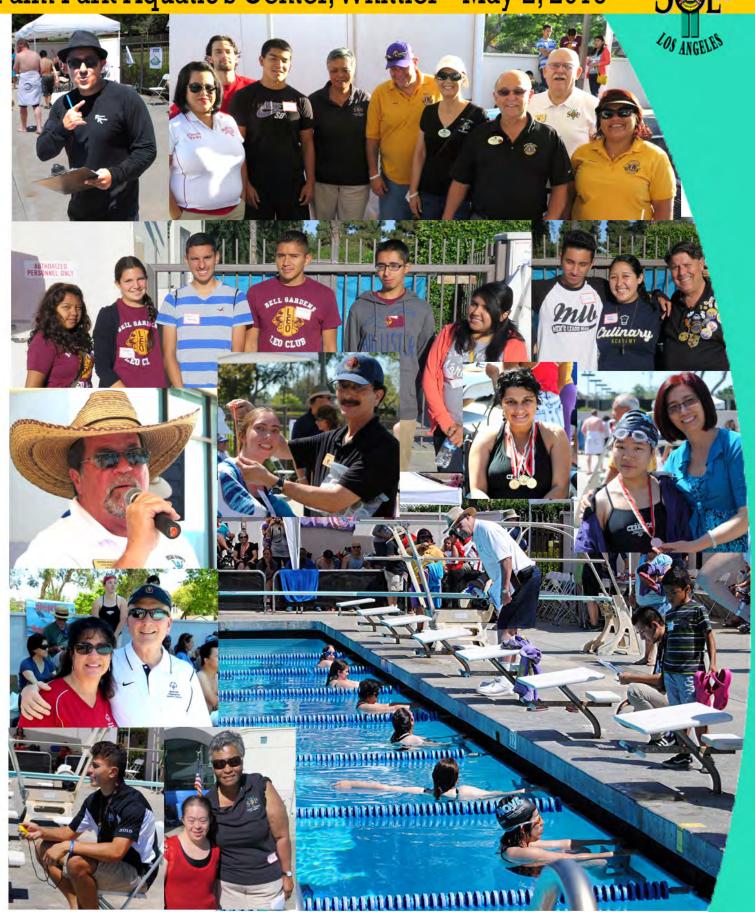
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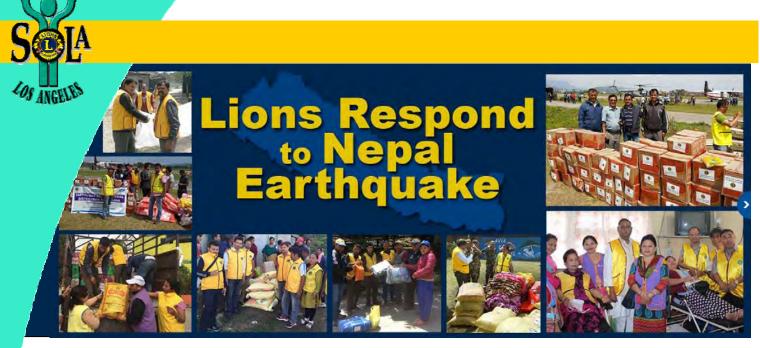




SPECIAL OLYMPICS

Palm Park Aquatic's Center, Whittier - May 2, 2015





SPECIAL OLYMPICS

Once again - nature has struck a devastating blow - this time in the form of a 7.9 magnitude earthquake in Nepal with subsequent and significant aftershocks.

As the global leader in humanitarian service, Lions Clubs International (LCI) is uniquely qualified to provide immediate assistance. LCI Foundation within hours of the earthquake issued an emergency grant in the amount of \$100,000 USD to the Lions of Nepal are joining together, along with Lions from neighboring countries, to get much needed emergency supplies such as food, fresh water, and temporary shelter into the areas of devastation. To date more than \$197,000 in disaster relief has been provided by the Foundation to the local Lions Clubs which are hard at work providing aid to those who most need it.

This is the worst natural disaster to strike Nepal in nearly 100 years. Our message to Nepal is "help is on the way." With continuing major aftershocks the people of Nepal will continue to need our support for some time. You can help by donating now to the LCIF emergency fund at http://lcif.org/donate

Our thoughts and prayers go out to the victims and their families, and the Lions of Nepal in this time of need.



June 13—14 Cal State University, Long Beach

The Games will feature our six summer sports — aquatics, athletics (track & field), basketball, bocce, golf, and gymnastics. Summer Games is our largest competition of the year and the first of two Southern California competitions held every year.

A FANTASTIC CONVENTION!



SOLA Lions Club Honored at District 4-L2 Convention



Complete with superb entertainment from Michael Parlett, SOLA's associate members **District Governor Alberto Montes De Oca, CS Drew Sones,** and **CT Ron Copley** ended their year of District Leadership by putting together an outstanding District Convention in San Diego from May 15-17.

Lion Ron Copley was awarded the *Lions International President's Medal* From IP Joe Preston and received the *Lion of the Year* from District 4-L2.

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STA JA

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11110 East Alondra Boulevard Norwalk, CA

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SOLA Lions Main Fundraiser for 2015!



Let's all join in making this the most successful event ever!





WORLD GAMES VOLUNTEER OPPORTUNITY

Special Olympics Summer World Games are coming to Los Angeles from July 25 to August 2. There will be 10,000 athletes and coaches from over 170 countries competing in 25 sports. Lions' has been a sponsor of Special Olympics since 2001 and significantly increased our sponsorship in 2013. Our major project with Special Olympics has been providing eye exams and glasses to athletes throughout the world. This program is called "Opening Eyes" which has tested over 350,000 athletes and provided prescription eyewear to 110,000 athletes in more than 70 nations.

"Opening Eyes" is one part of an overall Special Olympics "Healthy Athlete Program." This Program provides health screenings and services in seven clinical areas. This program will be available to SO Athletes each day of the Games on the USC Campus. Volunteers are being asked to be involved for three days (you pick he days). This is an outstanding opportunity to learn about and be involved with Special Olympics while participating in a worldwide Lions project.

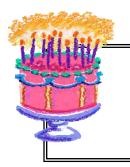
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Yours in Lionism,

Larry Dícus
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SO World Games Volunteer Coordinator



May and June Birthdays

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WEBSITE: www.solalionsclub.org

SOLA LIONS CLUB OFFICERS 2014-2015

SOLAMOTION

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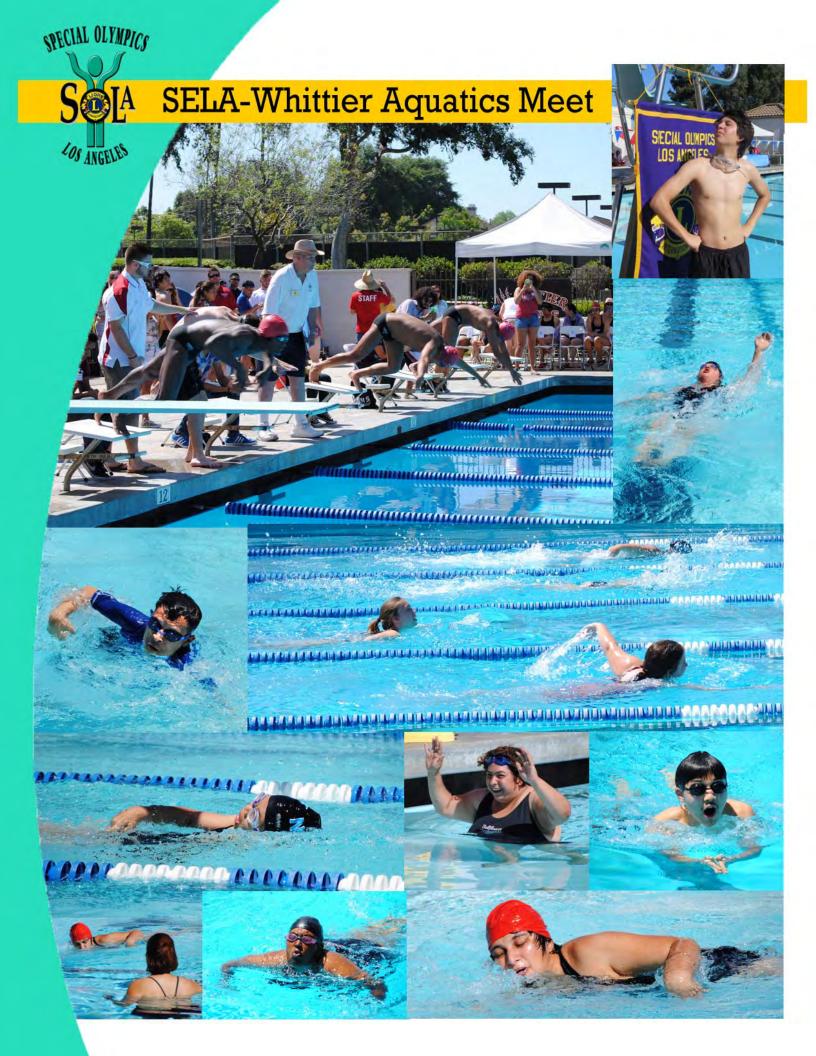


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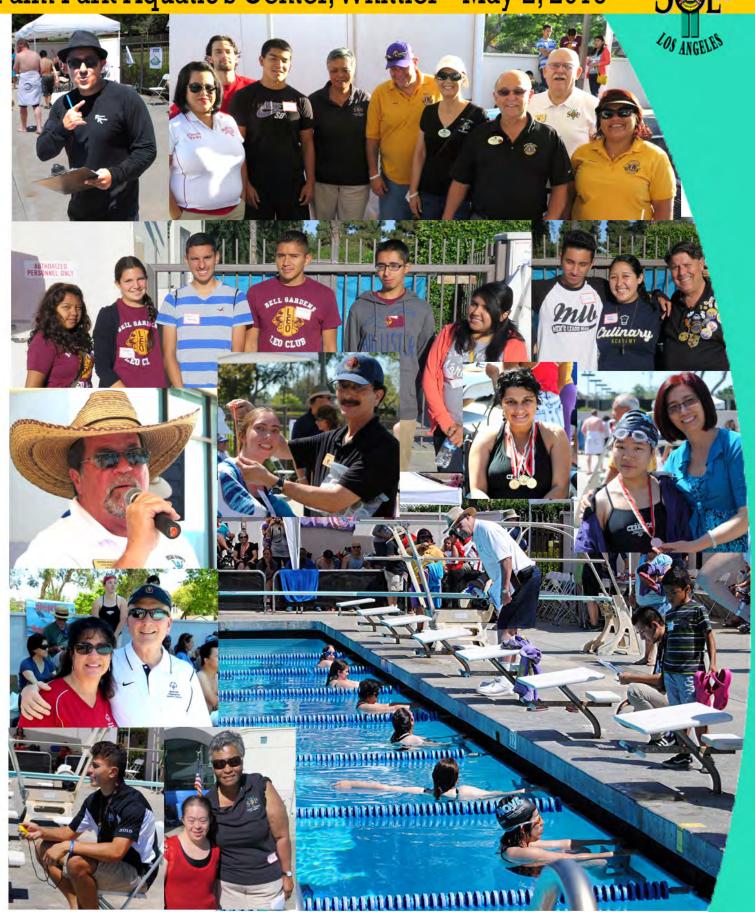
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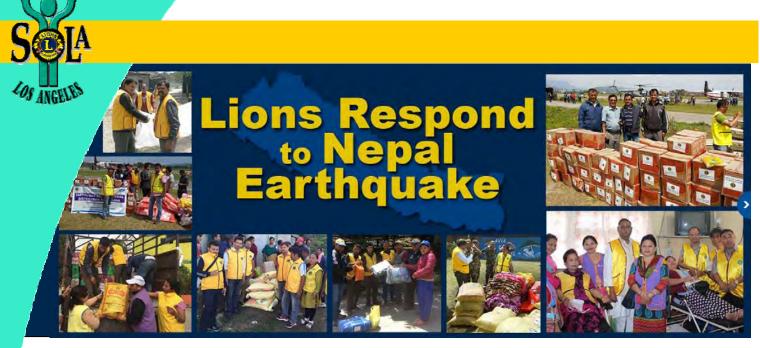




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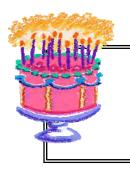
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WEBSITE: www.solalionsclub.org

SOLA LIONS CLUB OFFICERS 2014-2015

SOLAMOTION

Monthly Newsletter of the Special Olympics Los Angeles Lions Club of Whittier Volume 5, No. 11 April 25, 2015





SOLA's April 18th SELA-Whittier Basketball Tournament - A Great Success!

Ryena

President's Message

My Fellow Lions,

As usual, I'm hoping all of you hard working, kind folks are doing well. I'm happy to report that the basketball tournament this last Saturday at Whittier College was nothing short of terrific! It never ceases to amaze me at how well our club "steps up" and gets it done. A big thanks to all of you who made it, especially Jerry and Rosa, Gabriel Sanchez, along with the Copley's for provid-

ing the sack lunches; they were a big hit. Also Lions Ursula Bell and Mark Elias for getting the photos processed for our athletes. We were also very fortunate to have the wonderful support of Whittier College, Rob and Monica, along with their enthusiastic students. Simply put, we couldn't have done it without them. Two other very important people that lend greatly to our success are Lions Ruri "Peanuts" Pierre and Wayne Martin. Those two are amazing and continue to pave the way for our continued success.

We have a few more days to catch our breath and then we move along to our Aquatics Meet at Palm Park on May 2nd. This should be another great event and I hope all of you can make it.

I'm happy to report that Lion Jeff Martin continues to do well following quadruple by-pass surgery and is now home. Please continue to pray for him and the entire Martin family. We should also keep Hilda Ortega, IPP, in our thoughts and prayers. She continues to struggle with very serious back problems and hopes to return soon. We certainly miss her and Lion Sergio and wish her nothing but the best.

In closing let's all remember the following: "Motivation is what gets you started. Habit is what keeps you going." Once again I thank each of you for your service and dedication to our wonderful athletes.

See you all on May 2nd at the Aquatics Meet!

All My Best,

Lion Prez Steve



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Our SOLA Lions Club meets the 1st and 3rd Wednesdays of the month at 5:30 p.m.

May 6, 2015
Sage Restaurant
6511 Greenleaf Avenue
Whittier







A Gymnasium Filled with Champions

2015 SELA-Whittier Basketball Tournament

















What a Team of Workers for the Day!





Thanks
Whittier
College
for the
use of
your gym!





Sola 2015 SELA-Whittier Basketball Tournament





Coming SOLA Lions Club Events

#1

SOLA:

Please be at Palm Park at 7:00 am.

We really need everyone to help because there is more set up required for a swim meet than for the other

sports

we

host.



2015 SELA-Whittier Aquatics Meet

Hosted by SOLA Lions Club

Saturday, May 2, 2015

Palm Park 5703 Palm Ave. Whittier, CA 90601

Special Olympics Southern California athletes from Southeast Los Angeles will compete in Aquatics at the 2015 SELA-Whittier Aquatics Meet.



SCHEDULE:

8:00am—8:30am: Volunteer Check-in 8:30am—9:00am: Athlete Check-in 9:00am—9:30am: Opening Ceremony 9:00am - 2:00pm: Competition

2:00pm-2:30pm: Closing *Times are general and subject to change

AQUATICS:

- -* 10m Assisted Swim - 25m Breaststroke -* 15m Walk - 25m Butterfly -* 15m Unassisted Walk -* 15m Kickboard -* 25m Freestyle-Lower
- 25m Freestyle - 50m Backstroke - 50m Breaststroke * Denotes lower ability races - 50m Butterfly



50m Freestyle

- 100m Freestyle

- 200m Freestyle

- 400m Freestyle

- 4x25m Freestyle Relay

- 100m IM



FOR MORE INFORMATION:

Ruri Pierre

rpierre@cityofwhittier.org | 562-567-9471

#2 May 29, 2015 - CIF Master's Meet - Cerritos College - 5 PM

All SOLA members requested to participate in honoring Special Olympics athletes at a pre-meet exhibition race from 5-6:15 pm.

25m Backstroke

#3 June 12, 2015 - SOLA's "Shotgun Golf Tournament"



Special Olympics stamp marks upcoming Los Angeles Games

By Michael Baadke

The <u>United States Postal Service</u> is commemorating the upcoming international event with a new nondenominated (49¢) forever stamp that will be issued May 9 in Irvine, Calif.

The stamp will go on sale nationwide on the same day. The first-day ceremony is scheduled for 9 a.m. (Pacific Time) at Irvine High School, 4321 Walnut Ave., as part of the Special Olympics regional games taking place at the school that day.

The stamp design by <u>Greg Breeding</u> features the 2015 Special Olympics World Games Los Angeles logo, showcasing the colors of flags from participating countries.

"The logo's celebratory figure represents the courage, determination and joy of our athletes," said Patrick McClenahan, president and chief executive officer of the 2015 Games. "Placing the iconic image inside the circle represents acceptance and inclusion of people with intellectual disabilities."

"The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities," according to the website of the Games.

Like the international Olympic Games, the Special Olympics are held every two years, alternating Summer Games and Winter Games.

The Special Olympics grew from the efforts of Eunice Kennedy Shriver, the sister of President John F. Kennedy, who sponsored a summer day camp for children with intellectual disabilities in the 1960s. Supported by the Kennedy Foundation, the program led to the creation of Special Olympics and the first International Special Olympics Summer Games, held July 29, 1968, in Chicago.

The Los Angeles games beginning in July will be the first time the World Summer Games have been held in the United States in 16 years.

The most recent World Summer Games were in Athens, Greece, in 2011. The Games were last held in the United States in 1999, in Raleigh, N.C.

The new stamp is the fifth U.S. issue to celebrate the Special Olympics over the course of 36 years.

The first was a 15¢ letter-rate stamp (Scott 1588) issued Aug. 9, 1979, in Brockport, N.Y., during the International Special Olympic Games held there Aug. 8-13. The stamp, showing a Special Olympics athlete proudly displaying a medal, was designed Jeff Cornell and issued in panes of 50.

Cornell also designed the 1985 22¢ stamp (Scott 2142), which commemorated that year's Winter Special Olympics in Provo, Utah. The stamp was issued March 25, 1985, on the opening day of the Games, in Park City, Utah.

The Special Olympics marked its 20th anniversary in 1998, and was one of 15 subjects included in the Celebrate the Century pane commemorating the decade of the 1990s. The stamp pane was issued May 2, 2000. The design of the 33¢ Celebrate the Century stamp (Scott 3191i) shows a photograph of the Special Olympics medal. *Continued on page 7*



The Special Olympics forever stamp will be issued May 9 in Irvine, California.

The Special Olympics World Games are taking place July 25-Aug. 2 in Los Angeles









Four previous U.S. stamps commemorating the Special Olympics were issued in 1979, 1985, 2000 and 2003



SOLA Supports Special Olympics Athletes



Special Olympics Stamp (continued from page 6)

The first Special Olympics meeting to take place outside the United States was held June 21-29, 2003, in Dublin, Ireland. An 80¢ stamp, fulfilling what was then the letter rate for international letter mail, was issued Feb. 13, 2003 (Scott 3771). Designed by Lance Hidy, the stamp shows a medal-wearing athlete with arms raised, clasping the hands of athletes on either side of him.

All four of the stamps previously issued include the logo of the Special Olympics somewhere in the design. The new stamp uses the logo specific to the Los Angeles Games instead of the traditional Special Olympics symbol.

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Hope to see
all my SOLA friends
at the Dist. 4-L2
Convention in May!
It's going to be
great!

District Convention registration on-line at www.lions4L2.org



April and May Birthdays

4/7: Wayne Martin 4/10: Jerry Masterson 4/23: Gloria Lopez 5/11: Dean Crowley 5/13: Sharon Montes De Oca 5/21: Steve Nichols 5/28: Tavy Guzman 5/31: Jeff Martin



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Larry Dicus	Lions Clubs International Director
	California MD4 Council Chair
Alberto Montes De Oca	4-L2 District Governor
Larry Wehage	4-L2 1st Vice District Governor
Manny Sanchez	4-L2 2nd Vice District Governor
Joe Corey	4-L2 Central Region Chair
Richard Giors	4-L2 Zone B Central Chair



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Linnea Pueschel 2nd	l Vice President
Ursula Bell	Secretary
Carol Copley	Treasurer

Hilda Ortega	Immediate Past President
Ruri "Peanuts" Pierre	Special Olympics Liaison
Marla Baker	Director
Susan Sones	Director
Cecilia Morales	Director

SOLAMOTION

Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 5, No. 10
March 15, 2015











President's Message

My Fellow Lions,

I hope this finds each of you and your families doing well. We are now halfway through the month of March and the weather feels like August. Pretty amazing! Our club members are busy as ever, and we are all excited with our approaching golf tournament in June. It's our first shot at this and the committee is hoping it will go well and become an annual event.

As April 18 approaches we will be gearing up for our Basketball Tournament at Whittier College. Our own Lion Wayne will be shooting pictures that day for the LION Magazine. Our club is being featured for the work we do and I congratulate all of you. Hopefully Wayne's son, Lion Jeff, the Voice of SOLA, will be greeting and announcing that day as well. Both father and son are quite talented in their given fields. Speaking of talent, Lion's Jerry and Rosa Masterson will be leading the charge with lunch preparation that day for the athletes. The end result is always a big hit. Thanks, in advance, to all of you who make this event a big success.

The month of May promises to be busy as we have our Aquatics Meet at Palm Park in Whittier on May 2nd and a CIF -SS track meet in Cerritos on May 29th. More information will be provided as the event in Cerritos gets closer.

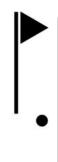
I'm hoping everyone can attend this week's meeting at Sage. As I previously mentioned, Mr. Zabi Mansoory, World Games Director for Healthy Athletes and Ms. Heather Hoopes Seid, Coordinator, Healthy Athletes Special Olympics Southern California will be visiting us. They will be giving us an update on the World Games and the progress they are making. Please try to make it. We may also have folks stopping by from the Belmont Shore Lions, so it should be a mighty fine evening.

In closing, I want to share this thought with each of you; "The purpose of human life is to serve, and to show compassion and the will to help others." I hope you agree. See you Wednesday.

All My Best,

Lion President Steve





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Next Regular Meeting
March 18, 2015
Sage Restaurant
6511 Greenleaf Avenue
Whittier





FUN "FORE" EVERYONE

Save the Date!

Fundraiser to Support Our Local Special Olympic Athletes



Wow, February 4th was so inspiring! Our first Shotgun meeting with the committee and we were knee deep in the greens. Wayne proudly presented our printed "Shotgun Golf Tournament" brochure. I was so excited seeing it in print. Thank you everyone who made this possible. We covered a lot of ground that day and what makes it great was seeing all our members involved!

So let me just recap quickly the information of our Shotgun Tournament. On Friday, June 12, 2015, SOLA Lions will be hosting a Shotgun Tournament at California Country Club. (This is a private club.) Registration at 6 AM, Shotgun starting at 7 AM.

Sponsors are needed:

- **Corporate Gold** \$1200 This includes 4 players/shirts/lunch invitation to Post Tournament Party, free advertisement on our golf brochures and one tee sign.
- Corporate Silver \$500 This includes 2 players/shirts/lunch and one tee sign.
- Corporate Bronze \$100 This includes one tee sign.

All funds raised are for our Special Olympic Athletes.

Our next committee meeting is March 18th, 4:30PM at the Sage Restaurant, located in Uptown Whittier. I hope to see everyone there, and if you have any questions just shout out a "fore" to one of us, Susie Mills, Steve Nichols, Roddy Hiatt or Wayne Martin.

Thank you for all of your support and love for the athletes!

Lion Susie Mills



SOLA's Annual Basketball Tournament



2015 SELA-Whittier Basketball Tournament

Hosted by SOLA Lions Club & Whittier College

Saturday, April 18, 2015

Whittier College– Donald E. Graham Athletics Center 13847 Earlham Drive Whittier, CA 90602

Special Olympics Southern California athletes from Southeast Los Angeles and surrounding areas will compete in Basketball at the 2015 SELA-Whittier Basketball Tournament.

SCHEDULE:

8:00am - 8:30am: Volunteer Check-in 8:30am - 9:00am: Athlete Check-in 9:00am - 9:30am: Opening Ceremony 9:30am - 2:00pm: Competition

12:00pm - 1:00pm: Lunch 2:00pm - 2:30pm: Closing

*Times are general and subject to change

** Lunch will be provided for all registered athlete, coaches & volunteers.

LEVELS OFFERED: Low C Level Teams, (4) D Level Teams

FOR MORE INFORMATION:

Ruri Pierre rpierre@cityofwhittier.org 562-567-9471







May 2, 2015 - SOLA's Annual Aquatics
Meet at Palm Park



Host Town Delegations Announced



"Long after the World Games are over, the memories of those three days spent at Host Town will leave a lasting legacy for Special Olympics Southern California and everyone who was touched by our athletes. We are thankful to all participating Host Towns and their tireless volunteers for opening their doors - and their hearts - to our athletes and coaches."

Patrick McClenahan, President and CEO of LA2015

Special Olympics
WRLD
GAMES
LOS ANGELES 2015

More than 100 Southern California communities will host Delegates from as many as 170 Special Olympics Programs from around the world. Delegations will spend three days and nights in communities stretching from San Luis Obispo to San Diego.

Alhambra: Germany (shared with Monterey Park and Lincoln Heights)

· Anaheim: Canada (shared with Orange), Senegal

Arcadia: Kyrgyz Republic, Trinidad & Tobago

· Azusa: South Africa (shared with Duarte and Glendora)

Bakersfield: Jordan, KenyaBeverly Hills: Gibraltar, Monaco

· Big Bear Lake: Chile, Luxembourg, Montenegro

Burbank: Botswana, Zimbabwe

Calabasas: Great Britain

Camarillo: New Zealand, Saudi Arabia
Carson: Dominica, Palestine, Turkmenistan

· Cerritos: Slovenia, Turkey, Uruguay (shared with Lakewood)

· Chatsworth: Serbia

· Chino Valley (Chino and Chino Hills): Laos, Poland

· Claremont: Bolivia, Curaçao, Georgia Republic, Latvia

Corona: Iran, Slovakia

· Costa Mesa: Aruba, Bahamas

Downey: Ireland

Downtown Los Angeles: Algeria, Moldova, Colombia

Duarte: South Africa (shared with Azusa and Glendora)

El Segundo: Barbados, Uzbekistan, FYR Macedonia

· Fountain Valley: Netherlands

· Fullerton: Lebanon, Rwanda, Tunisia, Ukraine

· Glendale: Armenia, Bonaire, Dominican Republic

Glendora: South Africa (shared with Azusa and Duarte)

· Goleta: Bhutan, Panama, Qatar

· Hacienda Heights: Belarus, Bosnia, Tanzania, Timor-Leste

Hawthorne: Estonia, NigeriaHermosa Beach: Belgium, Belize

Huntington Beach: Australia

Inglewood: Jamaica

Irvine: Korea

La Habra: Lithuania, Myanmar, Norway

La Jolla: Bharat (India)La Mirada: Russia

La Verne: Pakistan, U.S. Virgin Islands

Laguna Hills: Cayman Islands, Syria (shared with Lake Forest)

Lake Forest: Cayman Islands, Syria (shared with Laguna Hills)

· Lakewood: Slovenia, Turkey, Uruguay (shared with Cerritos)

· Lincoln Heights: Germany (shared with Alhambra and Monterey Park)

Long Beach: China

Manhattan Beach: Hungary, Nepal

· Mission Viejo: Indonesia, Spain

Monterey Park: Germany (sharing with Alhambra and Lincoln Heights)

Mountain Communities of Lake Arrowhead: Switzerland

Newport Beach: Mexico, Fiji

Northridge: Azerbaijan, Malta, Vietnam Ontario: Iceland, Iraq, Seychelles

Orange: Canada (shared with Anaheim)

Oxnard: Afghanistan, American Samoa, Kosovo, Papua New Guinea,

Samoa, Tonga

Palm Springs: Bahrain, Portugal Palmdale: Cyprus, St. Lucia

Pasadena: Namibia, Singapore

Pomona: Isle of Man, Libya
Poway: Ecuador, Togo

· Rancho Cucamonga: Côte d'Ivoire

Rancho Santa Fe: Brunei, Bulgaria, Uganda

· Redlands: Austria, Liechtenstein

Redondo Beach: Benin, Haiti, Suriname

Reseda: Hellas (Greece) (shared with Tarzana and Woodland Hills)

· Riverside: Sweden

San Diego Downtown: Albania, Burkina Faso, Finland, Mali

San Diego East County (El Cajon): Egypt, Hong Kong

San Diego Golden Triangle (La Jolla and University City): Costa Rica

San Diego North County (Del Mar, Encinitas and Solana Beach):
 Ghana, Swaziland, Thailand

San Diego South County (Chula Vista, Coronado and National

City): Argentina, Puerto Rico

 San Luis Obispo County (Arroyo Grande, Atascadero, Grover Beach, Morro Bay, Pismo Beach and San Luis Obispo): Bangladesh, Cambodia

San Pedro: Croatia, Kazakhstan

Santa Barbara: Guatemala, Honduras, Nicaragua, St. Kitts & Nevis

· Santa Clarita: El Salvador, Faroe Islands, Malaysia, Philippines

Santa Maria: France, Mauritius, Republic of Congo

Santa Monica: Brazil, Romania
Santa Monica Mountains: Israel

· Simi Valley: Peru, Serendib (Sri Lanka), Zambia

Solvang: Denmark

South Pasadena: Morocco, Paraguay

Studio City: Cuba, Czech Republic

Tarzana: Hellas (Greece) (shared with Reseda and Woodland Hills)

Thousand Oaks: Mongolia, San Marino, St. Vincent & the Grenadines,

West Covina: Nippon (Japan)
West Los Angeles: Italy

Whittier: Macau

Winnetka: Venezuela

Woodland Hills: Hellas (Greece) (shared with Reseda and Tarzana)

Taken from a World Games 2015 News Release



SOLA Lions Receive Special Recognition

At last month's California State Lions MD-4 Convention in Visalia, our own Lions Carol and Ron Copley received a Certificate of Appreciation for the Kay and Denise Fukushima Lion Couple of the **Year** award! Also along with the Whittier Host Lions Club, our SOLA Lions Club received a Certificate of Appreciation for the Most Outstanding Project (Large Club) with the purchase of an 8-passanger van for the Boys and Girls Club. Our SOLA Lions Club received a beautiful patch, presented to President Steve Nichols by District

International President (2002-2003) KAY K. FUKUSHIMA (Denise)

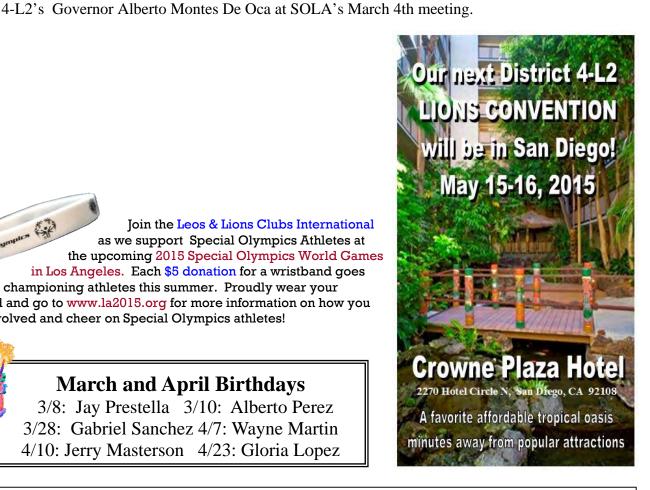
Join the Leos & Lions Clubs International as we support Special Olympics Athletes at the upcoming 2015 Special Olympics World Games in Los Angeles. Each \$5 donation for a wristband goes towards championing athletes this summer. Proudly wear your wristband and go to www.la2015.org for more information on how you

can get involved and cheer on Special Olympics athletes!



March and April Birthdays

3/8: Jay Prestella 3/10: Alberto Perez 3/28: Gabriel Sanchez 4/7: Wayne Martin 4/10: Jerry Masterson 4/23: Gloria Lopez





Joe Preston	International President, Dewey, Arizona
Larry Dicus	Lions Clubs International Director
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SOLAMOTION

Monthly Newsletter of the Special Olympics
Los Angeles Lions Club of Whittier
Volume 5, No. 9 February 15, 2015







On Valentine's Day we think of those Who make our lives worthwhile, Those gracious, friendly people who We think of with a smile

Joanna Fuchs

President's Message

Happy Valentine's Day to all of you fine folks! I hope everyone is well and enjoying a nice long Valentine's weekend. I certainly agree that today is a time to think about those special people that touch our lives and warm our hearts.

Thanks to all of you who made it to our last meeting, it was a good one. We are all excited and looking forward to our first "Shotgun Golf Tournament" on June 12th at the California Country Club in North Whittier. We are fortunate to have Lions Roddy Hiatt and Susie Mills showing us the way for this great event. We will be having our first committee meeting this next Wednesday at 4:30 before our regular club gathering at Sage. I would encourage everyone to attend if you can. Roddy has lots of experience at running this type of event and he will be sharing it with us.

It's hard to believe but World Games 2015 are now just a few short months away. In March, Zabi Mansoory, Director of Healthy Athletes and coordinator Heather Hoopes Seid, will visit our club and give us an update regarding the progress they have made. Lion Ruri has reminded me that we are expecting 118 athletes and coaches as part of the Whittier Host Town experience. In talking to her, it sounds like our club will have the opportunity to help locally with the games and our visiting athletes. We, as a club, will decide what is best regarding our commitment. Ruri, as always, will inform us of where help is needed and we will respond accordingly. Not to be repetitive, but we can NEVER let her retire!

Looking forward to seeing all of you this Wednesday!

All my best,

Lion President Steve





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Next Regular Meeting February 18, 2015 Sage Restaurant 6511 Greenleaf Avenue Whittier



SPECIAL OLYMPICS

Save the Date!

Fundraiser to Support Our Local Special Olympic Athletes SOLA Lions Club GUN GOLF TOURN California Country Club 1509 Workman Mill Road Whittier, CA 90601 **Friday, June 12, 2015** Registration: 6:00 a.m. **\$150.00 PER PLAYER** Shotgun Starts at 7:00 a.m. **Lunch Following the Details to follow!** Tournament

February 4, Sage was buzzing with Lion energy. Have you heard the news? We are having a fundraiser - not just any fundraiser - we will be sponsoring our very first shotgun golf tournament! We were so excited that Lion Steve had to ring the bell more than once to bring us back down to earth! We are forming our committees as we have set June 12 as the day of reckoning. Lion Roddy will be leading us and showing us the ropes. Our meeting ended with laughter and a glimmer of hope that our athletes future was bright and full of promise.

Lion Susie Mills



SOLA's Annual Basketball Tournament



2015 SELA-Whittier Basketball Tournament

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May 2, 2015 - SOLA's Annual Aquatics
Meet at Palm Park



Special Olympics World Games 2015 Home Town News



City of Whittier to Host Special Olympic Athletes from

MACAU CHINA



Whittier is expecting 118 athletes and coaches for the World Games from Macau.

Macau also spelled **Macao**, is one of the two Special Administrative Regions of the People's Republic of China, the other being Hong Kong. With an estimated population of around 624,000 living in an area of 12.1 sq mi, it is the most densely populated region in the world.

A former Portuguese colony, Macau was administered by Portugal from the mid-16th century until late 1999, when it was the last remaining European colony in Asia. Sovereignty over Macau was transferred back to China on 20 December 1999.

Macau is one of the world's richest cities, and as of 2013 its GDP per capita by purchasing power parity is higher than that of any country in the world, according to the World Bank. It became the world's largest gambling centre in 2006, with the economy heavily dependent on gambling and tourism, as well as manufacturing. Cantonese people from Hong Kong and Guangdong, in addition to the recent mainland tourism from Mandarin-speaking regions, have boosted the economy of Macau significantly. According to *The World Factbook*, Macau has the second highest life expectancy in the world.

Excerpt from Wikipedia



February and March Birthdays

2/15: Rosa Masterson 2/18: Robin Guzman 2/28: Joseph Nichols 3/8: Jay Prestella 3/10: Alberto Perez 3/28: Gabriel Sanchez



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SOLAMOTION

Monthly Newsletter of the Special Olympics Los Angeles Lions Club of Whittier

Volume 5, No. 8 January 15, 2015







President's Message

Happy New Year My Dear Friends!

We made it through the holidays and I hope everyone in catching up on a little rest. Many of you were out of town,

on the road and a few of us had that darn flu bug. I've actually missed all of you each and look forward to seeing you as we ease into 2015.



As the year ended, I was fortunate to meet International President Joe Preston and his wife Joni for breakfast at the Double Tree Hotel in Rosemead. Also present were International Director Larry Dicus, District Governor Alberto Montes De Oca, SOLA Past President Sharon, Bill Shumard, PRES/CEO of Special Olympics/Southern Calif., along with Ron and Carol Copley, who really do show us the way. I was impressed with President Joe's sincere interest in what SOLA does, how we started and how to duplicate our success. It was time well spent and everyone shared what was important in our promoting the needs of our athletes. Bill Shumard, ever gracious and humble, pointed out that in the early days we struggled with our place (SOLA) in the big scheme of things. That said, there were bumps in the road, but we worked through it and the result has been wonderful. We are attempting to achieve the same success with the 2015 World Games, but have far less time. As always, we will keep grinding away and get it done. The day ended with the sold out reception for the International President and what an event it was.

I look forward to seeing all of you on the January 21st for the first meeting of 2015!

All My Best,

Lion Steve

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> Next Regular Meeting **January 21, 2015 Sage Restaurant** 6511 Greenleaf Avenue Whittier





District 4-L2 Reception for IP Joe Preston and First Lady Joni





SOLA

LOS ANGELES

Two Rose Parade Floats of Interest to SOLA





Together We Thrive





Welcome New Members!







Lion Roddy Hiatt



Lions Harry and Brandy Brown

I'm so happy to welcome our newest members Dean and Linda Crowley, Harry and Brandy Brown and Roddy Hiatt. What a great bunch of folks! Dean and Linda are pals of the Copley's, Harry and Brandy try to keep up with Jerry and Rosa, which is impossible! Roddy and I go back to our days at El Rancho High School where he was a star on the football team. I was in the choir and a nerd.

It was very special seeing Roddy & Linda installed by International President Joe Preston, my congratulations to you both. I want to also send along a big thanks and congratulations to the District 4L-2 cabinet. You did a terrific job with this event. I cannot sign off without also thanking our pal Wayne Martin as well, what a talent and a blessing.

Steve



January and February Birthdays

1/9: Dan Skewes 1/11: Drew Sones 1/13: Barbara Lesa 1/19: Sarah Wall 2/15: Rosa Masterson 2/18: Robin Guzman 2/28: Joseph Nichols



Joe Preston	International President, Dewey, Arizona
Larry Dicus	Lions Clubs International Director
Denny Grotrian	California MD4 Council Chair
Alberto Montes De Oca	4-L2 District Governor
Larry Wehage	4-L2 1st Vice District Governor
Manny Sanchez	4-L2 2nd Vice District Governor
Joe Corey	4-L2 Central Region Chair
Richard Giors	4-L2 Zone B Central Chair



SOLA LIONS CLUB OFFICERS 2014-2015

Steve Nichols	President
Susie Ausdal	1st Vice President
Linnea Pueschel	.2nd Vice President
Ursula Bell	Secretary
Carol Copley	Treasurer

Hilda Ortega	Immediate Past President
Ruri "Peanuts" Pierre	Special Olympics Liaison
Marla Baker	Director
Susan Sones	Director
Cecilia Morales	Director